



# Lockport Undo - 45

12.2 mile bike, 3.1 mile run, 12.2 mile bike



## Overall Results

Bib	Name	Age	Gender	Age Group	Lap 1		Lap 2		Lap 3		Total Total	Ranking		
					Bike 1	MPH	Run	Pace	Bike 2	MPH		Overall	Gender	Age Grp
13	Michael Seitz	31	Male	M 25-34	37:29.0	19.53	28:21.7	09:08.9	39:43.8	18.42	1:45:34	1	1	1
11	Christopher Kabel	44	Male	M 35-44	37:22.8	19.58	32:05.5	10:21.1	40:31.8	18.06	1:50:00	2	2	1
10	Melinda Hilton	59	Female	F 55-64	42:38.5	17.17	31:53.8	10:17.4	45:45.3	16.00	2:00:18	3	1	1
12	Gretchen Neureuter	30	Female	F 25-34	40:39.9	18.00	36:40.2	11:49.7	47:42.6	15.34	2:05:03	4	2	1
3	Brian Smith	41	Male	M 35-44	46:04.1	15.89	42:46.9	13:48.0	51:29.8	14.21	2:20:21	5	3	2
14	Miles Sumner	35	Male	M 35-44	51:54.4	14.10	37:00.8	11:56.4	54:56.2	13.32	2:23:51	6	4	3