August 1, 2019: 3-2-3 Brick

3 mile run, 2 laps on the bike (12.6 miles), 3 mile run

Overall Results

					Lap 1		Lap 2		Lap 3		Lap 4		Total	Ranking			
Bib	Name	Age	Gender	Age Group	Run	Pace	Bike 1	MPH	Bike 2	MPH	Run	Pace	Total	Overall	Gender	Age Grp	Points
2	Joe Pautler	45	Male	M 45-54	20:44.7	06:54.9	18:49.0	20.09	18:49.0	20.09	24:33.9	08:11.3	**1:22:57**	1	1	1	7
6	Shawn Foti	33	Male	M 25-34	23:31.2	07:50.4	19:32.9	19.34	19:32.9	19.34	25:58.9	08:39.6	**1:28:36**	2	2	1	7
7	Suzanne Gentz	40	Female	F 35-44	24:43.3	08:14.4	19:37.5	19.26	19:37.5	19.26	25:42.7	08:34.2	**1:29:41**	3	1	1	7
12	Luke Coleman	44	Male	M 35-44	23:26.3	07:48.8	19:44.5	19.15	19:44.5	19.15	27:16.1	09:05.4	**1:30:11**	4	3	1	7
18	David Federspiel	50	Male	M 45-54	26:14.8	08:44.9	19:37.5	19.26	19:37.5	19.26	28:38.9	09:33.0	**1:34:09**	5	4	2	5
4	Susan Henesey	64	Female	F 55-64	25:08.9	08:23.0	22:09.8	17.05	22:09.8	17.05	25:32.7	08:30.9	**1:35:01**	6	2	1	7
8	Bill Smith	55	Male	M 55-64	25:41.8	08:33.9	20:29.5	18.45	20:29.5	18.45	28:48.2	09:36.1	**1:35:29**	7	5	1	7
5	Fred Christfield	66	Male	M 65+	26:02.0	08:40.7	21:04.4	17.94	21:04.4	17.94	28:13.5	09:24.5	**1:36:24**	8	6	1	7
9	Kris Haisch	30	Male	M 25-34	25:07.0	08:22.3	23:28.7	16.10	23:28.7	16.10	25:30.3	08:30.1	**1:37:35**	9	7	2	5
11	Paul Schumacher	52	Male	M 45-54	29:38.2	09:52.7	18:28.2	20.47	18:28.2	20.47	32:18.1	10:46.0	**1:38:53**	10	8	3	3
3	Amy Preston	47	Female	F 45-54	26:36.3	08:52.1	20:56.9	18.05	20:56.9	18.05	33:28.6	11:09.5	**1:41:59**	11	3	1	7
10	Craig Schmidt	59	Male	M 55-64	26:07.6	08:42.5	23:15.5	16.25	23:15.5	16.25	31:58.4	10:39.5	**1:44:37**	12	9	2	5
1	Dennis Dempsey	68	Male	M 65+	31:09.6	10:23.2	23:36.3	16.01	23:36.3	16.01	36:31.7	12:10.6	**1:54:54**	13	10	2	5
16	David Jaworski	45	Male	M 45-54	30:35.0	10:11.7	24:55.7	15.16	24:55.7	15.16	42:32.3	14:10.8	**2:02:59**	14	11	4	1
14	Matthew Piwtorak	37	Male	M 35-44	36:54.4	12:18.1	22:43.3	16.64	22:43.3	16.64	42:35.5	14:11.8	**2:04:57**	15	12	2	5
17	Carol Maltbie	54	Female	F 45-54	20:46.2	06:55.4	13:14.8	28.54	13:14.8	28.54	DNF	DNF	**DNF**	DNF	DNF	DNF	-