



# May 23rd 2019: 1-2-3 Brick

1 mile run, 2 laps on the bike (12.6 miles), 3 mile run



## Overall Results

| Bib | Name               | Age | Gender | Age Group | Lap 1      |         | Lap 2   |       | Lap 3   |       | Lap 4      |         | Time      | Overall | Ranking |         |   | Points |
|-----|--------------------|-----|--------|-----------|------------|---------|---------|-------|---------|-------|------------|---------|-----------|---------|---------|---------|---|--------|
|     |                    |     |        |           | 1 Mile Run | Pace    | Bike 1  | MPH   | Bike 2  | MPH   | 3 Mile Run | Pace    |           |         | Gender  | Age Grp |   |        |
| 11  | Dixon Atkins       | 20  | Male   | M <25     | 5:23.4     | 05:23.4 | 16:07.0 | 23.45 | 19:01.5 | 19.87 | 19:21.4    | 06:27.1 | 59:53.2   | 1       | 1       | 1       | 7 |        |
| 16  | Ryan Tober         | 22  | Male   | M <25     | 5:25.9     | 05:25.9 | 15:39.4 | 24.14 | 19:32.2 | 19.35 | 19:15.8    | 06:25.3 | 59:53.3   | 2       | 2       | 2       | 5 |        |
| 4   | Jenny Keenan       | 36  | Female | F 35-44   | 6:06.3     | 06:06.3 | 18:42.5 | 20.20 | 17:28.5 | 21.63 | 19:55.2    | 06:38.4 | 1:02:12.5 | 3       | 1       | 1       | 7 |        |
| 27  | George Alessi      | 29  | Male   | M 25-34   | 7:17.5     | 07:17.5 | 18:17.0 | 20.67 | 16:13.0 | 23.31 | 21:40.9    | 07:13.6 | 1:03:28.4 | 4       | 3       | 1       | 7 |        |
| 6   | Joe Pautler        | 45  | Male   | M 45-54   | 6:23.8     | 06:23.8 | 18:05.1 | 20.90 | 17:23.8 | 21.73 | 21:39.8    | 07:13.3 | 1:03:32.5 | 5       | 4       | 1       | 7 |        |
| 32  | Michael Belus      | 41  | Male   | M 35-44   | 7:08.1     | 07:08.1 | 19:24.0 | 19.48 | 17:25.7 | 21.69 | 23:41.8    | 07:53.9 | 1:07:39.7 | 6       | 5       | 1       | 7 |        |
| 19  | Paul Schumacher    | 52  | Male   | M 45-54   | 8:47.8     | 08:47.8 | 18:25.4 | 20.52 | 17:12.8 | 21.96 | 25:56.6    | 08:38.9 | 1:10:22.6 | 7       | 6       | 2       | 5 |        |
| 18  | Suzanne Gentz      | 40  | Female | F 35-44   | 7:46.3     | 07:46.3 | 19:52.9 | 19.01 | 18:32.8 | 20.38 | 25:29.7    | 08:29.9 | 1:11:41.8 | 8       | 2       | 2       | 5 |        |
| 25  | Jason Crosby       | 49  | Male   | M 45-54   | 7:42.3     | 07:42.3 | 21:23.5 | 17.67 | 19:04.1 | 19.82 | 24:37.5    | 08:12.5 | 1:12:47.4 | 9       | 7       | 3       | 3 |        |
| 28  | Jennie McCoy       | 26  | Female | F 25-34   | 7:22.3     | 07:22.3 | 22:30.6 | 16.79 | 19:47.2 | 19.10 | 25:41.9    | 08:34.0 | 1:15:21.9 | 10      | 3       | 1       | 7 |        |
| 38  | Mark Knerr         | 54  | Male   | M 45-54   | 8:20.0     | 08:20.0 | 21:09.0 | 17.87 | 18:56.9 | 19.95 | 29:22.0    | 09:47.3 | 1:17:47.9 | 11      | 8       | 4       | 1 |        |
| 14  | Amy Benedict       | 42  | Female | F 35-44   | 7:29.7     | 07:29.7 | 21:33.4 | 17.54 | 19:45.7 | 19.13 | 29:06.0    | 09:42.0 | 1:17:54.7 | 12      | 4       | 3       | 3 |        |
| 13  | Rachel McArdle     | 45  | Female | F 45-54   | 8:28.1     | 08:28.1 | 23:01.3 | 16.42 | 20:37.5 | 18.33 | 26:21.7    | 08:47.2 | 1:18:28.6 | 13      | 5       | 1       | 7 |        |
| 31  | Fred Chrisfield    | 66  | Male   | M 65+     | 8:44.9     | 08:44.9 | 20:47.3 | 18.18 | 19:55.8 | 18.97 | 29:07.7    | 09:42.6 | 1:18:35.7 | 14      | 9       | 1       | 7 |        |
| 22  | Michael Seitz      | 31  | Male   | M 25-34   | 9:22.3     | 09:22.3 | 20:48.8 | 18.16 | 20:20.7 | 18.58 | 29:17.7    | 09:45.9 | 1:19:49.4 | 15      | 10      | 2       | 5 |        |
| 12  | Joe Grey           | 63  | Male   | M 55-64   | 8:46.0     | 08:46.0 | 22:48.3 | 16.58 | 19:41.4 | 19.20 | 28:47.8    | 09:35.9 | 1:20:03.5 | 16      | 11      | 1       | 7 |        |
| 7   | Craig Schmidt      | 59  | Male   | M 55-64   | 8:12.1     | 08:12.1 | 21:56.8 | 17.22 | 20:16.5 | 18.64 | 30:21.9    | 10:07.3 | 1:20:47.3 | 17      | 12      | 2       | 5 |        |
| 20  | Scott Bylewski     | 47  | Male   | M 45-54   | 8:16.7     | 08:16.7 | 22:30.5 | 16.79 | 21:02.4 | 17.97 | 29:42.9    | 09:54.3 | 1:21:32.5 | 18      | 13      | 5       | 1 |        |
| 2   | Andrew Kean        | 24  | Male   | M <25     | 7:56.5     | 07:56.5 | 22:30.1 | 16.80 | 20:59.5 | 18.01 | 30:11.7    | 10:03.9 | 1:21:37.8 | 19      | 14      | 3       | 3 |        |
| 9   | Dan Salmons        | 60  | Male   | M 55-64   | 9:20.6     | 09:20.6 | 21:07.0 | 17.90 | 19:08.6 | 19.75 | 32:31.0    | 10:50.3 | 1:22:07.2 | 20      | 15      | 3       | 3 |        |
| 21  | John Walker        | 64  | Male   | M 55-64   | 9:36.0     | 09:36.0 | 22:44.5 | 16.62 | 21:37.0 | 17.49 | 30:15.6    | 10:05.2 | 1:24:13.2 | 21      | 16      | 4       | 1 |        |
| 8   | Josh Lynch         | 36  | Male   | M 35-44   | 8:33.0     | 08:33.0 | 23:26.3 | 16.13 | 20:01.1 | 18.88 | 32:59.2    | 10:59.7 | 1:24:59.6 | 22      | 17      | 2       | 5 |        |
| 5   | Chris Kabel        | 44  | Male   | M 35-44   | 9:19.9     | 09:19.9 | 20:34.1 | 18.38 | 20:01.3 | 18.88 | 35:14.4    | 11:44.8 | 1:25:09.7 | 23      | 18      | 3       | 3 |        |
| 36  | Dennis Dempsey     | 68  | Male   | M 65+     | 9:36.9     | 09:36.9 | 22:35.6 | 16.73 | 20:08.8 | 18.76 | 33:55.2    | 11:18.4 | 1:26:16.4 | 24      | 19      | 2       | 5 |        |
| 24  | Gretchen Neureuter | 30  | Female | F 25-34   | 9:59.6     | 09:59.6 | 24:06.7 | 15.68 | 22:16.1 | 16.97 | 32:50.5    | 10:56.8 | 1:29:12.9 | 25      | 6       | 2       | 5 |        |
| 1   | Matt Piwtorak      | 37  | Male   | M 35-44   | 8:30.2     | 08:30.2 | 23:28.6 | 16.10 | 20:00.9 | 18.89 | 39:01.0    | 13:00.3 | 1:31:00.7 | 26      | 20      | 4       | 1 |        |
| 3   | Ellen Tomczak      | 67  | Male   | M 65+     | 10:04.2    | 10:04.2 | 25:47.8 | 14.65 | 23:36.1 | 16.02 | 32:15.7    | 10:45.2 | 1:31:43.8 | 27      | 21      | 3       | 3 |        |
| 29  | Tracy Maciejewski  | 47  | Female | F 45-54   | 9:42.9     | 09:42.9 | 24:42.9 | 15.29 | 22:51.6 | 16.54 | 43:48.4    | 14:36.1 | 1:41:05.8 | 28      | 7       | 2       | 5 |        |
| 30  | Mark Garguilo      | 64  | Male   | M 55-64   | 11:58.1    | 11:58.1 | 27:35.4 | 13.70 | 21:45.1 | 17.38 | 41:52.8    | 13:57.6 | 1:43:11.3 | 29      | 22      | 5       | 1 |        |
| 34  | Christine Belus    | 36  | Female | F 35-44   | 11:14.6    | 11:14.6 | 27:54.7 | 13.54 | 25:25.1 | 14.87 | 40:27.8    | 13:29.3 | 1:45:02.2 | 30      | 8       | 4       | 1 |        |
| 35  | Wendy Kimpel       | 45  | Female | F 45-54   | 9:18.3     | 09:18.3 | 23:45.1 | 15.91 | 21:46.0 | 17.37 | -          | -       | DNF       | DNF     | DNF     | DNF     | - |        |
| 26  | Kylie Massoom      | 39  | Female | F 35-44   | 9:14.8     | 09:14.8 | 26:25.3 | 14.31 | -       | -     | -          | -       | DNF       | DNF     | DNF     | DNF     | - |        |
| 33  | Carol Maltbie      | 54  | Female | F 45-54   | 9:39.4     | 09:39.4 | 28:50.1 | 13.11 | -       | -     | -          | -       | DNF       | DNF     | DNF     | DNF     | - |        |