



# May 23rd 2019: 1-2-3 Brick

1 mile run, 2 laps on the bike (12.6 miles), 3 mile run



## Age Group Results

Bib	Name	Age	Gender	Age Group	Lap 1		Lap 2		Lap 3		Lap 4		Time	Overall	Ranking			Points
					1 Mile Run	Pace	Bike 1	MPH	Bike 2	MPH	3 Mile Run	Pace			Gender	Age Grp	Age Grp	
28	Jennie McCoy	26	Female	F 25-34	7:22.3	07:22.3	22:30.6	16.79	19:47.2	19.10	25:41.9	08:34.0	1:15:21.9	10	3	1	7	
24	Gretchen Neureuter	30	Female	F 25-34	9:59.6	09:59.6	24:06.7	15.68	22:16.1	16.97	32:50.5	10:56.8	1:29:12.9	25	6	2	5	
4	Jenny Keenan	36	Female	F 35-44	6:06.3	06:06.3	18:42.5	20.20	17:28.5	21.63	19:55.2	06:38.4	1:02:12.5	3	1	1	7	
18	Suzanne Gentz	40	Female	F 35-44	7:46.3	07:46.3	19:52.9	19.01	18:32.8	20.38	25:29.7	08:29.9	1:11:41.8	8	2	2	5	
14	Amy Benedict	42	Female	F 35-44	7:29.7	07:29.7	21:33.4	17.54	19:45.7	19.13	29:06.0	09:42.0	1:17:54.7	12	4	3	3	
34	Christine Belus	36	Female	F 35-44	11:14.6	11:14.6	27:54.7	13.54	25:25.1	14.87	40:27.8	13:29.3	1:45:02.2	30	8	4	1	
26	Kylie Massoom	39	Female	F 35-44	9:14.8	09:14.8	26:25.3	14.31	-	-	-	-	DNF	DNF	DNF	DNF	-	
13	Rachel McArdle	45	Female	F 45-54	8:28.1	08:28.1	23:01.3	16.42	20:37.5	18.33	26:21.7	08:47.2	1:18:28.6	13	5	1	7	
29	Tracy Maciejewski	47	Female	F 45-54	9:42.9	09:42.9	24:42.9	15.29	22:51.6	16.54	43:48.4	14:36.1	1:41:05.8	28	7	2	5	
35	Wendy Kimpel	45	Female	F 45-54	9:18.3	09:18.3	23:45.1	15.91	21:46.0	17.37	-	-	DNF	DNF	DNF	DNF	-	
33	Carol Maltbie	54	Female	F 45-54	9:39.4	09:39.4	28:50.1	13.11	-	-	-	-	DNF	DNF	DNF	DNF	-	
11	Dixon Atkins	20	Male	M <25	5:23.4	05:23.4	16:07.0	23.45	19:01.5	19.87	19:21.4	06:27.1	59:53.2	1	1	1	7	
16	Ryan Tober	22	Male	M <25	5:25.9	05:25.9	15:39.4	24.14	19:32.2	19.35	19:15.8	06:25.3	59:53.3	2	2	2	5	
2	Andrew Kean	24	Male	M <25	7:56.5	07:56.5	22:30.1	16.80	20:59.5	18.01	30:11.7	10:03.9	1:21:37.8	19	14	3	3	
27	George Alessi	29	Male	M 25-34	7:17.5	07:17.5	18:17.0	20.67	16:13.0	23.31	21:40.9	07:13.6	1:03:28.4	4	3	1	7	
22	Michael Seitz	31	Male	M 25-34	9:22.3	09:22.3	20:48.8	18.16	20:20.7	18.58	29:17.7	09:45.9	1:19:49.4	15	10	2	5	
32	Michael Belus	41	Male	M 35-44	7:08.1	07:08.1	19:24.0	19.48	17:25.7	21.69	23:41.8	07:53.9	1:07:39.7	6	5	1	7	
8	Josh Lynch	36	Male	M 35-44	8:33.0	08:33.0	23:26.3	16.13	20:01.1	18.88	32:59.2	10:59.7	1:24:59.6	22	17	2	5	
5	Chris Kabel	44	Male	M 35-44	9:19.9	09:19.9	20:34.1	18.38	20:01.3	18.88	35:14.4	11:44.8	1:25:09.7	23	18	3	3	
1	Matt Piwtorak	37	Male	M 35-44	8:30.2	08:30.2	23:28.6	16.10	20:00.9	18.89	39:01.0	13:00.3	1:31:00.7	26	20	4	1	
6	Joe Pautler	45	Male	M 45-54	6:23.8	06:23.8	18:05.1	20.90	17:23.8	21.73	21:39.8	07:13.3	1:03:32.5	5	4	1	7	
19	Paul Schumacher	52	Male	M 45-54	8:47.8	08:47.8	18:25.4	20.52	17:12.8	21.96	25:56.6	08:38.9	1:10:22.6	7	6	2	5	
25	Jason Crosby	49	Male	M 45-54	7:42.3	07:42.3	21:23.5	17.67	19:04.1	19.82	24:37.5	08:12.5	1:12:47.4	9	7	3	3	
38	Mark Knerr	54	Male	M 45-54	8:20.0	08:20.0	21:09.0	17.87	18:56.9	19.95	29:22.0	09:47.3	1:17:47.9	11	8	4	1	
20	Scott Bylewski	47	Male	M 45-54	8:16.7	08:16.7	22:30.5	16.79	21:02.4	17.97	29:42.9	09:54.3	1:21:32.5	18	13	5	1	
12	Joe Grey	63	Male	M 55-64	8:46.0	08:46.0	22:48.3	16.58	19:41.4	19.20	28:47.8	09:35.9	1:20:03.5	16	11	1	7	
7	Craig Schmidt	59	Male	M 55-64	8:12.1	08:12.1	21:56.8	17.22	20:16.5	18.64	30:21.9	10:07.3	1:20:47.3	17	12	2	5	
9	Dan Salmons	60	Male	M 55-64	9:20.6	09:20.6	21:07.0	17.90	19:08.6	19.75	32:31.0	10:50.3	1:22:07.2	20	15	3	3	
21	John Walker	64	Male	M 55-64	9:36.0	09:36.0	22:44.5	16.62	21:37.0	17.49	30:15.6	10:05.2	1:24:13.2	21	16	4	1	
30	Mark Garguilo	64	Male	M 55-64	11:58.1	11:58.1	27:35.4	13.70	21:45.1	17.38	41:52.8	13:57.6	1:43:11.3	29	22	5	1	
31	Fred Chrisfield	66	Male	M 65+	8:44.9	08:44.9	20:47.3	18.18	19:55.8	18.97	29:07.7	09:42.6	1:18:35.7	14	9	1	7	
36	Dennis Dempsey	68	Male	M 65+	9:36.9	09:36.9	22:35.6	16.73	20:08.8	18.76	33:55.2	11:18.4	1:26:16.4	24	19	2	5	
3	Ellen Tomczak	67	Male	M 65+	10:04.2	10:04.2	25:47.8	14.65	23:36.1	16.02	32:15.7	10:45.2	1:31:43.8	27	21	3	3	