

Age Group Results

Name	AgeGroup	<i>Includes T1 time</i>					<i>Includes T2 time</i>					Finish Time	Points
		3mile run (clock)	Pace per mile	Lap1 bike (clock)	Lap1 bike (split)	Lap1 bike mph	Lap2 bike (clock)	Lap2 bike (split)	Lap2 bike mph	3mile run (split)	Pace per mile		
Kaitlyn Summers	F 25-34	0:24:04	0:08:01	0:49:08	0:25:04	15.1	1:12:46	0:23:38	16.0	0:25:47	0:08:36	1:38:33	7
Holly Bernys	F 25-34	0:28:14	0:09:25	0:55:45	0:27:31	13.7	1:20:51	0:25:06	15.1	0:29:17	0:09:46	1:50:08	5
Danielle Rosvally	F 25-34	0:36:07	0:12:02	1:01:31	0:25:24	14.9	1:25:40	0:24:09	15.7	0:39:49	0:13:16	2:05:29	3
Suzanne Gentz	F 35-44	0:25:12	0:08:24	0:47:08	0:21:56	17.2	1:06:02	0:18:54	20.0	0:25:10	0:08:23	1:31:12	7
Amy Benedict	F 35-44	0:23:43	0:07:54	0:46:09	0:22:26	16.8	1:06:59	0:20:50	18.1	0:26:44	0:08:55	1:33:43	5
Rachel McArdle	F 35-44	0:24:36	0:08:12	0:47:24	0:22:48	16.6	1:08:54	0:21:30	17.6	0:27:17	0:09:06	1:36:11	3
Amy Campos	F 35-44	0:33:32	0:11:11	1:04:48	0:31:16	12.1	1:33:01	0:28:13	13.4	0:41:49	0:13:56	2:14:50	1
Amy Preston	F 45-54	0:27:39	0:09:13	0:48:24	0:20:45	18.2	1:07:29	0:19:05	19.8	0:36:02	0:12:01	1:43:31	7
Denise Salmons	F 45-54	0:29:01	0:09:40	0:52:37	0:23:36	16.0	1:13:45	0:21:08	17.9	0:33:32	0:11:11	1:47:17	5
Susan Henesey	F 55-64	0:26:22	0:08:47	0:53:23	0:27:01	14.0	1:17:58	0:24:35	15.4	0:29:00	0:09:40	1:46:58	7
Nancy Joerg	F 55-64	0:31:25	0:10:28	0:56:04	0:24:39	15.3	1:18:25	0:22:21	16.9	0:38:02	0:12:41	1:56:27	5
Karen Tierney	F 55-64	0:32:28	0:10:49	0:58:23	0:25:55	14.6	1:20:16	0:21:53	17.3	dnf			
Ellen Tomczak	F 65+	0:29:27	0:09:49	0:56:25	0:26:58	14.0	1:21:45	0:25:20	14.9	0:31:39	0:10:33	1:53:24	7
Dixon Atkins	M < 25	0:17:31	0:05:50	0:35:00	0:17:29	21.6	0:51:26	0:16:26	23.0	0:18:57	0:06:19	1:10:23	7
Jim Salmeri	M 25-34	0:18:36	0:06:12	0:38:03	0:19:27	19.4	0:57:13	0:19:10	19.7	0:19:57	0:06:39	1:17:10	7
Eric Klein	M 25-34	0:26:18	0:08:46	0:47:32	0:21:14	17.8	1:06:54	0:19:22	19.5	0:28:28	0:09:29	1:35:22	5
Todd Warthling	M 35-44	0:21:40	0:07:13	0:40:29	0:18:49	20.1	0:58:16	0:17:47	21.3	0:23:57	0:07:59	1:22:13	7
Jason Allard	M 35-44	0:20:29	0:06:50	0:41:40	0:21:11	17.8	1:00:49	0:19:09	19.7	0:21:25	0:07:08	1:22:14	5
Joe Pautler	M 35-44	0:22:35	0:07:32	0:42:20	0:19:45	19.1	1:00:54	0:18:34	20.4	0:24:11	0:08:04	1:25:05	3
Christopher Stuff	M 35-44	0:22:48	0:07:36	0:42:30	0:19:42	19.2	1:01:09	0:18:39	20.3	0:26:10	0:08:43	1:27:19	1
Erik Hoertz	M 35-44	0:23:35	0:07:52	0:45:18	0:21:43	17.4	1:06:19	0:21:01	18.0	0:25:51	0:08:37	1:32:10	1
Mike Rodriguez	M 35-44	0:26:23	0:08:48	0:46:26	0:20:03	18.9	1:05:28	0:19:02	19.9	0:26:54	0:08:58	1:32:22	1
Brad Hillimon	M 35-44	0:24:38	0:08:13	0:47:06	0:22:28	16.8	1:08:09	0:21:03	18.0	0:27:28	0:09:09	1:35:37	1
Chris Yuen	M 35-44	0:29:06	0:09:42	0:52:41	0:23:35	16.0	1:13:32	0:20:51	18.1	0:31:55	0:10:38	1:45:27	1
Chris Hoppe-Spink	M 45-54	0:22:13	0:07:24	0:41:37	0:19:24	19.5	1:00:09	0:18:32	20.4	0:22:24	0:07:28	1:22:33	7
Paul Schumacher	M 45-54	0:27:00	0:09:00	0:44:32	0:17:32	21.6	1:00:50	0:16:18	23.2	0:25:54	0:08:38	1:26:44	5
Dave Federspiel	M 45-54	0:26:19	0:08:46	0:45:47	0:19:28	19.4	1:05:16	0:19:29	19.4	0:27:10	0:09:03	1:32:26	3
Scott Bylewski	M 45-54	0:24:50	0:08:17	0:47:28	0:22:38	16.7	1:07:59	0:20:31	18.4	0:27:49	0:09:16	1:35:48	1
David Jaworski	M 45-54	0:28:32	0:09:31	0:54:53	0:26:21	14.3	1:20:46	0:25:53	14.6	0:49:33	0:16:31	2:10:19	1
Mark Knerr	M 45-54	0:27:36	0:09:12	0:49:33	0:21:57	17.2	1:09:14	0:19:41	19.2	dnf			
Dan Salmons	M 55-64	0:28:57	0:09:39	0:52:33	0:23:36	16.0	1:13:37	0:21:04	17.9	0:33:42	0:11:14	1:47:19	7
Ron Prabucki	M 55-64	0:20:44	0:06:55	dnf									
Fred Chrisfield	M 65+	0:27:23	0:09:08	0:49:36	0:22:13	17.0	1:10:31	0:20:55	18.1	0:31:02	0:10:21	1:41:33	7
Dennis Dempsey	M 65+	0:29:30	0:09:50	0:53:45	0:24:15	15.6	dnf						