

Age Group Results

Name	AgeGroup	3mile run (clock)	Pace per mile	<i>Includes T1 time</i>			<i>Includes T2 time</i>			3mile run (split)	Pace per mile	Finish Time	Points
				Lap1 bike (clock)	Lap1 bike (split)	Lap1 bike mph	Lap2 bike (clock)	Lap2 bike (split)	Lap2 bike mph				
Margie Zoepfel	F < 25	0:20:59	0:07:00	0:42:55	0:21:56	17.2	1:02:36	0:19:41	19.2	0:24:08	0:08:03	1:26:44	nm
Liz Van Nortwick	F 25-34	0:28:35	0:09:32	0:53:41	0:25:06	15.1	1:17:25	0:23:44	15.9	rain			7
Erin Junke	F 25-34	0:29:26	0:09:49	0:57:06	0:27:40	13.7	1:23:45	0:26:39	14.2	rain			nm
Amy Benedict	F 35-44	0:25:24	0:08:28	0:47:24	0:22:00	17.2	1:07:41	0:20:17	18.6	0:28:53	0:09:38	1:36:34	7
Austin Padua	M < 25	0:20:52	0:06:57	0:41:21	0:20:29	18.5	0:59:52	0:18:31	20.4	0:22:32	0:07:31	1:22:24	7
Jason Jones	M 35-44	0:20:26	0:06:49	0:38:53	0:18:27	20.5	0:55:42	0:16:49	22.5	0:21:19	0:07:06	1:17:01	7
Randy Neiswonger	M 35-44	0:21:42	0:07:14	0:41:17	0:19:35	19.3	0:59:55	0:18:38	20.3	0:23:55	0:07:58	1:23:50	5
Josh Raczka	M 35-44	0:23:24	0:07:48	0:44:21	0:20:57	18.0	1:03:54	0:19:33	19.3	0:27:27	0:09:09	1:31:21	nm
Shaunessy Ryan	M 35-44	0:23:04	0:07:41	0:50:43	0:27:39	13.7	1:18:24	0:27:41	13.7	rain			3
Chris Yuen	M 35-44	0:32:15	0:10:45	0:57:22	0:25:07	15.0	1:20:31	0:23:09	16.3	rain			1
Jason Bennett	M 35-44	0:35:45	0:11:55	1:00:19	0:24:34	15.4	1:23:39	0:23:20	16.2	rain			1
Bill Ackendorf	M 35-44	dnf											dnf
Brian McNamara	M 45-54	0:22:33	0:07:31	0:41:08	0:18:35	20.3	0:58:01	0:16:53	22.4	0:30:54	0:10:18	1:28:55	7
Scott Kinerk	M 45-54	0:21:29	0:07:10	0:40:29	0:19:00	19.9	0:58:03	0:17:34	21.5	0:24:28	0:08:09	1:22:31	5
Fred Chrisfield	M 55-64	0:26:33	0:08:51	0:47:18	0:20:45	18.2	1:07:04	0:19:46	19.1	0:30:35	0:10:12	1:37:39	7
Dennis Dempsey	M 65+	0:31:07	0:10:22	0:54:50	0:23:43	15.9	1:16:07	0:21:17	17.8	rain			7