

Age Group Results

Name	AgeGroup	3mile run (clock)	Pace per mile	<i>Includes T1 time</i>			<i>Includes T2</i>			1mile run (split)	Finish Time	Points
				Lap1 bike (clock)	Lap1 bike (split)	Lap1 bike mph	Lap2 bike (clock)	Lap2 bike (split)	Lap2 bike mph			
Elizabeth Van Nortwi	F 25-34	0:27:54	0:09:18	0:52:56	0:25:02	15.1	1:16:55	0:23:59	15.8	0:09:54	1:26:49	7
Kelly Voigt	F 35-44	0:28:31	0:09:30	0:50:25	0:21:54	17.3	1:11:00	0:20:35	18.4	0:10:38	1:21:38	7
Barbara McCarthy	F 55-64	0:35:24	0:11:48	1:02:34	0:27:10	13.9	1:29:52	0:27:18	13.8	0:14:07	1:43:59	7
Eileen McCarthy	F 55-64	0:36:30	0:12:10	1:09:18	0:32:48	11.5	1:36:45	0:27:27	13.8	0:14:20	1:51:05	5
Kevin Smith	M 35-44	0:21:51	0:07:17	0:39:35	0:17:44	21.3	0:56:26	0:16:51	22.4	0:07:33	1:03:59	7
Jason Jones	M 35-44	0:20:24	0:06:48	0:40:11	0:19:47	19.1	0:58:10	0:17:59	21.0	0:07:01	1:05:11	5
Bill Ackendorf	M 35-44	0:21:01	0:07:00	0:40:13	0:19:12	19.7	0:57:58	0:17:45	21.3	0:08:13	1:06:11	3
Josh Raczka	M 35-44	0:24:32	0:08:11	0:46:30	0:21:58	17.2	1:07:44	0:21:14	17.8	0:08:59	1:16:43	nm
Gerald McKeane	M 35-44	0:28:26	0:09:29	0:51:30	0:23:04	16.4	1:12:20	0:20:50	18.1	0:09:55	1:22:15	1
Jason Bennett	M 35-44	0:35:20	0:11:47	1:00:40	0:25:20	14.9	1:25:44	0:25:04	15.1	0:12:51	1:38:35	1
Chris Yuen	M 35-44	0:34:49	0:11:36	1:03:24	0:28:35	13.2	1:29:29	0:26:05	14.5	0:13:09	1:42:38	1
Scott Kinerk	M 45-54	0:22:08	0:07:23	0:41:22	0:19:14	19.7	0:59:03	0:17:41	21.4	0:08:35	1:07:38	7
Brian McNamara	M 45-54	0:22:23	0:07:28	0:41:55	0:19:32	19.4	0:59:26	0:17:31	21.6	0:08:35	1:08:01	5
William Smith	M 45-54	0:23:29	0:07:50	0:44:07	0:20:38	18.3	1:02:51	0:18:44	20.2	0:08:44	1:11:35	3
Jurriaan de Jong	M 45-54	0:24:45	0:08:15	0:44:24	0:19:39	19.2	1:02:26	0:18:02	21.0	0:10:08	1:12:34	1
Paul Schumacher	M 45-54	0:27:25	0:09:08	0:46:35	0:19:10	19.7	1:04:57	0:18:22	20.6	0:08:27	1:13:24	1
Michael Blumenson	M 45-54	0:26:30	0:08:50	0:48:39	0:22:09	17.1	1:08:21	0:19:42	19.2	0:10:13	1:18:34	1
Ronald Prabucki	M 55-64	0:20:18	0:06:46	0:38:51	0:18:33	20.4	0:55:37	0:16:46	22.5	0:07:15	1:02:52	7
Fred Chrisfield	M 55-64	0:25:32	0:08:31	0:47:49	0:22:17	17.0	1:08:37	0:20:48	18.2	0:09:18	1:17:55	5
Dan Salmons	M 55-64	0:29:14	0:09:45	0:51:44	0:22:30	16.8	1:12:16	0:20:32	18.4	0:10:51	1:23:07	3
David Ward	M 55-64	DNF										dnf
Dennis Dempsey	M 65+	0:29:56	0:09:59	0:54:33	0:24:37	15.4	1:15:44	0:21:11	17.8	0:11:19	1:27:03	7