



June 2nd 2016: 1-2-3 Brick

1 mile run, 2 laps on the bike (12.6 miles), 3 mile run



Overall Results

(See below for Age Group Results)

Includes T1 time

Includes T2 time

Name	AgeGroup	1mile run (clock)	Lap1 bike (clock)	Lap1 bike (split)	Lap1 bike mph	Lap2 bike (clock)	Lap2 bike (split)	Lap2 bike mph	3mile run (split)	Pace per mile	Finish Time
Peter Thompson	M 25-34	00:06:03	00:22:33	00:16:30	22.9	00:38:40	00:16:07	23.5	00:22:11	00:07:24	01:00:51
Josh Hanley	M 25-34	00:06:29	00:23:45	00:17:16	21.9	00:40:54	00:17:09	22.0	00:23:26	00:07:49	01:04:20
Austin Padua	M < 25	00:06:42	00:25:12	00:18:30	20.4	00:43:17	00:18:05	20.9	00:21:05	00:07:02	01:04:22
Joe Pautler	M 35-44	00:06:35	00:25:01	00:18:26	20.5	00:42:40	00:17:39	21.4	00:22:42	00:07:34	01:05:22
Joseph Rosati	M 45-54	00:07:09	00:25:22	00:18:13	20.8	00:42:22	00:17:00	22.2	00:23:03	00:07:41	01:05:25
Scott Kinerk	M 45-54	00:07:06	00:25:48	00:18:42	20.2	00:43:21	00:17:33	21.5	00:23:32	00:07:51	01:06:53
Brian McNamara	M 45-54	00:07:15	00:26:06	00:18:51	20.1	00:43:05	00:16:59	22.3	00:25:11	00:08:24	01:08:16
Bill Ackendorf	M 35-44	00:07:46	00:26:44	00:18:58	19.9	00:43:58	00:17:14	21.9	00:24:41	00:08:14	01:08:39
David Ward	M 55-64	00:07:26	00:26:42	00:19:16	19.6	00:44:00	00:17:18	21.8	00:24:59	00:08:20	01:08:59
William Smith	M 45-54	00:07:28	00:27:36	00:20:08	18.8	00:46:45	00:19:09	19.7	00:25:17	00:08:26	01:12:02
Michael Belus	M 35-44	00:08:29	00:28:25	00:19:56	19.0	00:47:22	00:18:57	19.9	00:25:07	00:08:22	01:12:29
Chuck Eaton	M 45-54	00:08:13	00:27:45	00:19:32	19.4	00:46:03	00:18:18	20.7	00:26:47	00:08:56	01:12:50
Erin Sheehan	F 25-34	00:07:58	00:27:58	00:20:00	18.9	00:46:56	00:18:58	19.9	00:26:43	00:08:54	01:13:39
Mark Knerr	M 45-54	00:07:55	00:27:54	00:19:59	18.9	00:46:13	00:18:19	20.6	00:27:46	00:09:15	01:13:59
Fred Chrisfield	M 55-64	00:07:56	00:27:43	00:19:47	19.1	00:46:08	00:18:25	20.5	00:28:07	00:09:22	01:14:15
Karla Sommers	F 35-44	00:08:20	00:29:03	00:20:43	18.2	00:48:52	00:19:49	19.1	00:27:32	00:09:11	01:16:24
Michael Rodriguez	M 35-44	00:08:33	00:29:20	00:20:47	18.2	00:48:54	00:19:34	19.3	00:27:32	00:09:11	01:16:26
Chuck Miller	M 55-64	00:08:49	00:30:09	00:21:20	17.7	00:49:42	00:19:33	19.3	00:27:11	00:09:04	01:16:53
David Federspiel	M 45-54	00:07:53	00:27:48	00:19:55	19.0	00:45:51	00:18:03	20.9	00:31:05	00:10:22	01:16:56
Andrew Dobmeier	M < 25	00:07:36	00:29:30	00:21:54	17.3	00:50:07	00:20:37	18.3	00:28:02	00:09:21	01:18:09
Michael Blumenson	M 45-54	00:08:23	00:29:32	00:21:09	17.9	00:49:46	00:20:14	18.7	00:29:23	00:09:48	01:19:09
Mary Williams	F 25-34	00:08:25	00:30:33	00:22:08	17.1	00:51:14	00:20:41	18.3	00:28:14	00:09:25	01:19:28
Amy Bryan	F 55-64	00:08:41	00:30:02	00:21:21	17.7	00:50:04	00:20:02	18.9	00:29:31	00:09:50	01:19:35
Brian Williams	M 25-34	00:08:07	00:30:03	00:21:56	17.2	00:51:09	00:21:06	17.9	00:28:29	00:09:30	01:19:38
Luis Nunez	M 35-44	00:08:27	00:30:43	00:22:16	17.0	00:49:04	00:18:21	20.6	00:31:30	00:10:30	01:20:34
Joni Maxick-Jason	F 45-54	00:08:17	00:31:13	00:22:56	16.5	00:52:14	00:21:01	18.0	00:28:23	00:09:28	01:20:37
Shaunessy Ryan	M 35-44	00:07:41	00:31:57	00:24:16	15.6	00:55:16	00:23:19	16.2	00:25:42	00:08:34	01:20:58
Josh Razcka	M 35-44	00:10:08	00:32:51	00:22:43	16.6	00:53:43	00:20:52	18.1	00:28:13	00:09:24	01:21:56
Amy Benedict	F 35-44	00:07:35	00:29:23	00:21:48	17.3	00:50:14	00:20:51	18.1	00:31:48	00:10:36	01:22:02
Elizabeth Van Nortwicl	F 25-34	00:09:16	00:31:16	00:22:00	17.2	00:52:59	00:21:43	17.4	00:29:08	00:09:43	01:22:07
Maggie Hamilton	F 25-34	00:09:18	00:31:28	00:22:10	17.1	00:53:12	00:21:44	17.4	00:28:58	00:09:39	01:22:10
Dan Salmons	M 55-64	00:09:22	00:30:45	00:21:23	17.7	00:50:38	00:19:53	19.0	00:31:35	00:10:32	01:22:13
Dennis Dempsey	M 65+	00:09:00	00:31:32	00:22:32	16.8	00:51:36	00:20:04	18.8	00:31:36	00:10:32	01:23:12
Susan Henesey	F 55-64	00:08:21	00:32:29	00:24:08	15.7	00:55:13	00:22:44	16.6	00:28:03	00:09:21	01:23:16
Tiffany Breniser	F 35-44	00:09:06	00:31:01	00:21:55	17.2	00:52:34	00:21:33	17.5	00:33:10	00:11:03	01:25:44
Kelly Voigt	F 35-44	00:09:10	00:32:49	00:23:39	16.0	00:53:35	00:20:46	18.2	00:32:56	00:10:59	01:26:31
Jennifer Lynch	F 45-54	00:10:10	00:31:09	00:20:59	18.0	00:52:10	00:21:01	18.0	00:36:09	00:12:03	01:28:19

Harry Craft	M 45-54	00:10:31	00:33:50	00:23:19	16.2	00:57:34	00:23:44	15.9	00:36:08	00:12:03	01:33:42
Nancy Gworek	F 55-64	00:11:28	00:35:29	00:24:01	15.7	00:58:03	00:22:34	16.8	00:37:05	00:12:22	01:35:08
Laura Maldiner	F 45-54	00:10:58	00:37:00	00:26:02	14.5	01:00:55	00:23:55	15.8	00:34:49	00:11:36	01:35:44
David Jaworski	M 35-44	00:08:32	00:30:20	00:21:48	17.3	00:50:35	00:20:15	18.7	00:49:16	00:16:25	01:39:51
Christina Macey	F 25-34	00:08:11	00:32:42	00:24:31	15.4	00:55:11	00:22:29	16.8	DNF		
Sandy Kaminski	F 35-44	00:09:24	00:30:30	00:21:06	17.9	00:50:36	00:20:06	18.8	DNF		
Katie Panunzio	F 25-34	00:12:23	00:41:27	00:29:04	13.0	DNF					

Age Group Results

Name	AgeGroup	<i>Includes T1 time</i>						<i>Includes T2 time</i>			Points	
		1mile run (clock)	Lap1 bike (clock)	Lap1 bike (split)	Lap1 bike mph	Lap2 bike (clock)	Lap2 bike (split)	Lap2 bike mph	3mile run (split)	Pace per mile		Finish Time
Erin Sheehan	F 25-34	00:07:58	00:27:58	00:20:00	18.9	00:46:56	00:18:58	19.9	00:26:43	00:08:54	01:13:39	7
Mary Williams	F 25-34	00:08:25	00:30:33	00:22:08	17.1	00:51:14	00:20:41	18.3	00:28:14	00:09:25	01:19:28	5
Elizabeth Van Nortwicl	F 25-34	00:09:16	00:31:16	00:22:00	17.2	00:52:59	00:21:43	17.4	00:29:08	00:09:43	01:22:07	3
Maggie Hamilton	F 25-34	00:09:18	00:31:28	00:22:10	17.1	00:53:12	00:21:44	17.4	00:28:58	00:09:39	01:22:10	1
Christina Macey	F 25-34	00:08:11	00:32:42	00:24:31	15.4	00:55:11	00:22:29	16.8	DNF			dnf
Katie Panunzio	F 25-34	00:12:23	00:41:27	00:29:04	13.0	DNF						dnf
Karla Sommers	F 35-44	00:08:20	00:29:03	00:20:43	18.2	00:48:52	00:19:49	19.1	00:27:32	00:09:11	01:16:24	7
Amy Benedict	F 35-44	00:07:35	00:29:23	00:21:48	17.3	00:50:14	00:20:51	18.1	00:31:48	00:10:36	01:22:02	5
Tiffany Breniser	F 35-44	00:09:06	00:31:01	00:21:55	17.2	00:52:34	00:21:33	17.5	00:33:10	00:11:03	01:25:44	3
Kelly Voigt	F 35-44	00:09:10	00:32:49	00:23:39	16.0	00:53:35	00:20:46	18.2	00:32:56	00:10:59	01:26:31	1
Sandy Kaminski	F 35-44	00:09:24	00:30:30	00:21:06	17.9	00:50:36	00:20:06	18.8	DNF			dnf
Joni Maxick-Jason	F 45-54	00:08:17	00:31:13	00:22:56	16.5	00:52:14	00:21:01	18.0	00:28:23	00:09:28	01:20:37	7
Jennifer Lynch	F 45-54	00:10:10	00:31:09	00:20:59	18.0	00:52:10	00:21:01	18.0	00:36:09	00:12:03	01:28:19	5
Laura Maldiner	F 45-54	00:10:58	00:37:00	00:26:02	14.5	01:00:55	00:23:55	15.8	00:34:49	00:11:36	01:35:44	3
Amy Bryan	F 55-64	00:08:41	00:30:02	00:21:21	17.7	00:50:04	00:20:02	18.9	00:29:31	00:09:50	01:19:35	7
Susan Henesey	F 55-64	00:08:21	00:32:29	00:24:08	15.7	00:55:13	00:22:44	16.6	00:28:03	00:09:21	01:23:16	5
Nancy Gworek	F 55-64	00:11:28	00:35:29	00:24:01	15.7	00:58:03	00:22:34	16.8	00:37:05	00:12:22	01:35:08	3
Austin Padua	M < 25	00:06:42	00:25:12	00:18:30	20.4	00:43:17	00:18:05	20.9	00:21:05	00:07:02	01:04:22	nm
Andrew Dobmeier	M < 25	00:07:36	00:29:30	00:21:54	17.3	00:50:07	00:20:37	18.3	00:28:02	00:09:21	01:18:09	nm
Peter Thompson	M 25-34	00:06:03	00:22:33	00:16:30	22.9	00:38:40	00:16:07	23.5	00:22:11	00:07:24	01:00:51	7
Josh Hanley	M 25-34	00:06:29	00:23:45	00:17:16	21.9	00:40:54	00:17:09	22.0	00:23:26	00:07:49	01:04:20	5
Brian Williams	M 25-34	00:08:07	00:30:03	00:21:56	17.2	00:51:09	00:21:06	17.9	00:28:29	00:09:30	01:19:38	3
Joe Pautler	M 35-44	00:06:35	00:25:01	00:18:26	20.5	00:42:40	00:17:39	21.4	00:22:42	00:07:34	01:05:22	7
Bill Ackendorf	M 35-44	00:07:46	00:26:44	00:18:58	19.9	00:43:58	00:17:14	21.9	00:24:41	00:08:14	01:08:39	5
Michael Belus	M 35-44	00:08:29	00:28:25	00:19:56	19.0	00:47:22	00:18:57	19.9	00:25:07	00:08:22	01:12:29	3
Michael Rodriguez	M 35-44	00:08:33	00:29:20	00:20:47	18.2	00:48:54	00:19:34	19.3	00:27:32	00:09:11	01:16:26	1
Luis Nunez	M 35-44	00:08:27	00:30:43	00:22:16	17.0	00:49:04	00:18:21	20.6	00:31:30	00:10:30	01:20:34	1
Shaunessy Ryan	M 35-44	00:07:41	00:31:57	00:24:16	15.6	00:55:16	00:23:19	16.2	00:25:42	00:08:34	01:20:58	1
David Jaworski	M 35-44	00:08:32	00:30:20	00:21:48	17.3	00:50:35	00:20:15	18.7	00:49:16	00:16:25	01:39:51	1
Josh Razcka	M 35-44	00:10:08	00:32:51	00:22:43	16.6	00:53:43	00:20:52	18.1	00:28:13	00:09:24	01:21:56	nm
Joseph Rosati	M 45-54	00:07:09	00:25:22	00:18:13	20.8	00:42:22	00:17:00	22.2	00:23:03	00:07:41	01:05:25	7
Scott Kinerk	M 45-54	00:07:06	00:25:48	00:18:42	20.2	00:43:21	00:17:33	21.5	00:23:32	00:07:51	01:06:53	5
Brian McNamara	M 45-54	00:07:15	00:26:06	00:18:51	20.1	00:43:05	00:16:59	22.3	00:25:11	00:08:24	01:08:16	3
William Smith	M 45-54	00:07:28	00:27:36	00:20:08	18.8	00:46:45	00:19:09	19.7	00:25:17	00:08:26	01:12:02	1
Chuck Eaton	M 45-54	00:08:13	00:27:45	00:19:32	19.4	00:46:03	00:18:18	20.7	00:26:47	00:08:56	01:12:50	1
Mark Knerr	M 45-54	00:07:55	00:27:54	00:19:59	18.9	00:46:13	00:18:19	20.6	00:27:46	00:09:15	01:13:59	1

Michael Blumenson	M 45-54	00:08:23	00:29:32	00:21:09	17.9	00:49:46	00:20:14	18.7	00:29:23	00:09:48	01:19:09	1
Harry Craft	M 45-54	00:10:31	00:33:50	00:23:19	16.2	00:57:34	00:23:44	15.9	00:36:08	00:12:03	01:33:42	1
David Federspiel	M 45-54	00:07:53	00:27:48	00:19:55	19.0	00:45:51	00:18:03	20.9	00:31:05	00:10:22	01:16:56	nm
David Ward	M 55-64	00:07:26	00:26:42	00:19:16	19.6	00:44:00	00:17:18	21.8	00:24:59	00:08:20	01:08:59	7
Fred Chrisfield	M 55-64	00:07:56	00:27:43	00:19:47	19.1	00:46:08	00:18:25	20.5	00:28:07	00:09:22	01:14:15	5
Chuck Miller	M 55-64	00:08:49	00:30:09	00:21:20	17.7	00:49:42	00:19:33	19.3	00:27:11	00:09:04	01:16:53	3
Dan Salmons	M 55-64	00:09:22	00:30:45	00:21:23	17.7	00:50:38	00:19:53	19.0	00:31:35	00:10:32	01:22:13	1
Dennis Dempsey	M 65+	00:09:00	00:31:32	00:22:32	16.8	00:51:36	00:20:04	18.8	00:31:36	00:10:32	01:23:12	7