



# September 4th 2014: 1-2-3 Brick

1 mile run, 2 laps on the bike (12.6 miles), 3 mile run



## Overall Results

(See below for Age Group Results)

Name	AgeGroup	<i>Includes T1 time</i>						<i>Includes T2 time</i>			Finish Time
		1mile run (clock)	Lap1 bike (clock)	Lap1 bike (split)	Lap1 bike mph	Lap2 bike (clock)	Lap2 bike (split)	Lap2 bike mph	3mile run (split)	Pace per mile	
Joe Rosati	M 40-49	07:11	24:45	17:34	21.5	41:27	16:42	22.6	23:23	07:48	1:04:50
Jack Deavers	M 30-39	06:49	25:45	18:56	20.0	44:17	18:32	20.4	23:54	07:58	1:08:11
David Federspiel	M 40-49	06:51	25:21	18:30	20.4	42:44	17:23	21.7	25:43	08:34	1:08:27
Fred Chrisfield	M 50+	07:09	26:15	19:06	19.8	44:43	18:28	20.5	27:48	09:16	1:12:31
Thomas Buck	M < 30	07:00	26:31	19:31	19.4	45:23	18:52	20.0	28:37	09:32	1:14:00
Amy Benedict	F 30-39	06:42	28:46	22:04	17.1	49:03	20:17	18.6	25:29	08:30	1:14:32
Will Cuthbert	M < 30	07:24	28:17	20:53	18.1	48:18	20:01	18.9	26:18	08:46	1:14:36
Mark Knerr	M 40-49	07:34	28:00	20:26	18.5	46:49	18:49	20.1	28:28	09:29	1:15:17
Marijke Van Leeuwen	Guest	07:15	28:45	21:30	17.6	48:16	19:31	19.4	27:50	09:17	1:16:06
Scott Tyczka	M 50+	07:28	25:05	17:37	21.5	41:26	16:21	23.1	DNF		

## Age Group Results

Name	AgeGroup	<i>Includes T1 time</i>						<i>Includes T2 time</i>			Finish Time	Points
		1mile run (clock)	Lap1 bike (clock)	Lap1 bike (split)	Lap1 bike mph	Lap2 bike (clock)	Lap2 bike (split)	Lap2 bike mph	3mile run (split)	Pace per mile		
Amy Benedict	F 30-39	06:42	28:46	22:04	17.1	49:03	20:17	18.6	25:29	08:30	1:14:32	7
Thomas Buck	M < 30	07:00	26:31	19:31	19.4	45:23	18:52	20.0	28:37	09:32	1:14:00	7
Will Cuthbert	M < 30	07:24	28:17	20:53	18.1	48:18	20:01	18.9	26:18	08:46	1:14:36	5
Jack Deavers	M 30-39	06:49	25:45	18:56	20.0	44:17	18:32	20.4	23:54	07:58	1:08:11	7
Joe Rosati	M 40-49	07:11	24:45	17:34	21.5	41:27	16:42	22.6	23:23	07:48	1:04:50	7
David Federspiel	M 40-49	06:51	25:21	18:30	20.4	42:44	17:23	21.7	25:43	08:34	1:08:27	5
Mark Knerr	M 40-49	07:34	28:00	20:26	18.5	46:49	18:49	20.1	28:28	09:29	1:15:17	3
Fred Chrisfield	M 50+	07:09	26:15	19:06	19.8	44:43	18:28	20.5	27:48	09:16	1:12:31	7
Scott Tyczka	M 50+	07:28	25:05	17:37	21.5	41:26	16:21	23.1	DNF			0
Marijke Van Leeuwen	Guest	07:15	28:45	21:30	17.6	48:16	19:31	19.4	27:50	09:17	1:16:06	0