



# June 13th 2013: Time Trial

Two laps on the bike. Each lap is 6.3 miles.

## Overall Results

(See below for Age Group Results)

| Name                 | Age Group | Launch Time | Lap1 (clock) | Lap1 (split) | Lap1 mph | Lap2 (clock) | Lap2 (split) | Lap2 mph | Finish Time |
|----------------------|-----------|-------------|--------------|--------------|----------|--------------|--------------|----------|-------------|
| Rob Leary            | M 30-39   | 0:11:20     | 0:26:25      | 0:15:05      | 25.06    | 0:41:44      | 0:15:20      | 24.65    | 0:30:24     |
| Ronald Prabucki      | M 50+     | 0:02:20     | 0:17:57      | 0:15:37      | 24.20    | 0:33:41      | 0:15:43      | 24.05    | 0:31:21     |
| Joshua Hanley        | M <30     | 0:03:00     | 0:18:58      | 0:15:58      | 23.67    | 0:34:57      | 0:15:59      | 23.65    | 0:31:57     |
| Tim Kirst            | M 40-49   | 0:13:00     | 0:29:18      | 0:16:18      | 23.19    | 0:45:23      | 0:16:05      | 23.50    | 0:32:23     |
| Joseph Rosati        | M 40-49   | 0:05:20     | 0:21:52      | 0:16:32      | 22.86    | 0:38:07      | 0:16:15      | 23.26    | 0:32:47     |
| Robert Vandeveld     | M 40-49   | 0:01:00     | 0:17:23      | 0:16:23      | 23.07    | 0:34:03      | 0:16:41      | 22.66    | 0:33:03     |
| Justin Adamek        | M 40-49   | 0:12:00     | 0:28:58      | 0:16:58      | 22.28    | 0:45:50      | 0:16:52      | 22.41    | 0:33:50     |
| Jack Jibb            | M <30     | 0:08:40     | 0:25:55      | 0:17:15      | 21.91    | 0:43:03      | 0:17:07      | 22.08    | 0:34:23     |
| William Smith        | M 40-49   | 0:12:40     | 0:30:09      | 0:17:29      | 21.62    | 0:47:39      | 0:17:30      | 21.60    | 0:34:59     |
| Thomas Pequignot     | M 30-39   | 0:00:20     | 0:17:42      | 0:17:22      | 21.77    | 0:35:28      | 0:17:46      | 21.28    | 0:35:08     |
| Mark Sommers         | M 30-39   | 0:05:40     | 0:23:28      | 0:17:48      | 21.24    | 0:41:00      | 0:17:32      | 21.56    | 0:35:20     |
| Steven Gentz         | M 30-39   | 0:09:20     | 0:26:59      | 0:17:39      | 21.42    | 0:44:47      | 0:17:48      | 21.24    | 0:35:27     |
| Mark St. George      | M 40-49   | 0:03:40     | 0:21:09      | 0:17:29      | 21.62    | 0:39:08      | 0:18:00      | 21.00    | 0:35:28     |
| Sandra Leary         | F <30     | 0:04:40     | 0:22:44      | 0:18:04      | 20.92    | 0:40:31      | 0:17:47      | 21.26    | 0:35:51     |
| Sharon Winiewicz     | F 50+     | 0:01:40     | 0:19:27      | 0:17:47      | 21.26    | 0:37:43      | 0:18:16      | 20.69    | 0:36:03     |
| Peter Monteferrante  | M 40-49   | 0:14:00     | 0:32:18      | 0:18:18      | 20.66    | 0:50:34      | 0:18:16      | 20.69    | 0:36:34     |
| Joshua Harris        | M 30-39   | 0:11:40     | 0:30:33      | 0:18:53      | 20.02    | 0:48:29      | 0:17:57      | 21.06    | 0:36:49     |
| Chris Castleman      | M <30     | 0:06:20     | 0:24:42      | 0:18:22      | 20.58    | 0:43:17      | 0:18:35      | 20.34    | 0:36:57     |
| Michael Blumenson    | M 40-49   | 0:10:20     | 0:28:43      | 0:18:23      | 20.56    | 0:47:34      | 0:18:51      | 20.05    | 0:37:14     |
| Victoria Davis       | F <30     | 0:11:00     | 0:29:49      | 0:18:49      | 20.09    | 0:48:21      | 0:18:32      | 20.40    | 0:37:21     |
| Thomas Hoelzl        | M 50+     | 0:02:40     | 0:21:27      | 0:18:47      | 20.12    | 0:40:25      | 0:18:57      | 19.95    | 0:37:45     |
| Keith Burtis         | M 40-49   | 0:07:40     | 0:26:38      | 0:18:58      | 19.93    | 0:46:31      | 0:19:53      | 19.01    | 0:38:51     |
| Corey Bower          | M 30-39   | 0:14:20     | 0:33:45      | 0:19:25      | 19.47    | 0:53:28      | 0:19:43      | 19.17    | 0:39:08     |
| Roy LaRue            | M 50+     | 0:09:40     | 0:29:24      | 0:19:44      | 19.16    | 0:48:50      | 0:19:26      | 19.45    | 0:39:10     |
| Mark Hammer          | M 50+     | 0:13:20     | 0:32:41      | 0:19:21      | 19.53    | 0:52:30      | 0:19:49      | 19.07    | 0:39:10     |
| George Hackford      | M 50+     | 0:02:00     | 0:21:35      | 0:19:35      | 19.30    | 0:41:42      | 0:20:06      | 18.81    | 0:39:42     |
| Harry Craft          | M 40-49   | 0:08:20     | 0:28:20      | 0:20:00      | 18.90    | 0:48:10      | 0:19:50      | 19.06    | 0:39:50     |
| Sandy Kaminski       | F 30-39   | 0:05:00     | 0:24:40      | 0:19:40      | 19.22    | 0:45:09      | 0:20:29      | 18.45    | 0:40:09     |
| Jason Luce           | M <30     | 0:09:00     | 0:29:03      | 0:20:03      | 18.85    | 0:49:30      | 0:20:27      | 18.48    | 0:40:30     |
| Rachel Nowak         | F 40-49   | 0:01:20     | 0:22:17      | 0:20:57      | 18.04    | 0:41:59      | 0:19:42      | 19.19    | 0:40:39     |
| Bethany Markovich    | F 30-39   | 0:13:40     | 0:34:15      | 0:20:35      | 18.36    | 0:54:27      | 0:20:12      | 18.71    | 0:40:47     |
| Kendra Kramer        | F <30     | 0:06:00     | 0:26:45      | 0:20:45      | 18.22    | 0:47:08      | 0:20:23      | 18.54    | 0:41:08     |
| Lisa Trapasso        | F 40-49   | 0:04:20     | 0:25:11      | 0:20:51      | 18.13    | 0:46:06      | 0:20:55      | 18.07    | 0:41:46     |
| Thomas McArdle       | M 40-49   | 0:06:40     | 0:28:14      | 0:21:34      | 17.53    | 0:48:55      | 0:20:41      | 18.28    | 0:42:15     |
| David Ward #         | M 50+     | 0:03:20     | 0:29:01      | 0:25:41      | 14.72    | 0:45:59      | 0:16:57      | 22.30    | 0:42:39     |
| Katherine Harrington | F <30     | 0:07:20     | 0:29:21      | 0:22:01      | 17.17    | 0:51:05      | 0:21:45      | 17.38    | 0:43:45     |
| Julia Taylor         | F <30     | 0:12:20     | 0:34:37      | 0:22:17      | 16.96    | 0:56:16      | 0:21:39      | 17.46    | 0:43:56     |
| Jill Leturgey        | F <30     | 0:08:00     | 0:30:13      | 0:22:13      | 17.01    | 0:51:57      | 0:21:44      | 17.39    | 0:43:57     |
| Emily Harrington     | F <30     | 0:07:00     | 0:29:11      | 0:22:11      | 17.04    | 0:51:14      | 0:22:02      | 17.16    | 0:44:14     |
| Amy Benedict         | F 30-39   | 0:10:40     | 0:32:50      | 0:22:10      | 17.05    | 0:55:37      | 0:22:47      | 16.59    | 0:44:57     |
| Laurie Kennedy       | F 40-49   | 0:04:00     | 0:26:34      | 0:22:34      | 16.75    | 0:49:24      | 0:22:50      | 16.55    | 0:45:24     |
| Hollis Hite          | F 50+     | 0:10:00     | 0:33:47      | 0:23:47      | 15.89    | 0:57:58      | 0:24:10      | 15.64    | 0:47:58     |

# Went off course

(Time data is entered into shaded cells. All other time information is calculated by Microsoft Excel formulas)

## Age Group Results

| Name                 | Age Group | Launch Time | Lap1 (clock) | Lap1 (split) | Lap1 mph | Lap2 (clock) | Lap2 (split) | Lap2 mph | Finish Time | Points |
|----------------------|-----------|-------------|--------------|--------------|----------|--------------|--------------|----------|-------------|--------|
| Sandra Leary         | F <30     | 0:04:40     | 0:22:44      | 0:18:04      | 20.92    | 0:40:31      | 0:17:47      | 21.26    | 0:35:51     | 7      |
| Victoria Davis       | F <30     | 0:11:00     | 0:29:49      | 0:18:49      | 20.09    | 0:48:21      | 0:18:32      | 20.40    | 0:37:21     | 5      |
| Kendra Kramer        | F <30     | 0:06:00     | 0:26:45      | 0:20:45      | 18.22    | 0:47:08      | 0:20:23      | 18.54    | 0:41:08     | 3      |
| Katherine Harrington | F <30     | 0:07:20     | 0:29:21      | 0:22:01      | 17.17    | 0:51:05      | 0:21:45      | 17.38    | 0:43:45     | 1      |
| Julia Taylor         | F <30     | 0:12:20     | 0:34:37      | 0:22:17      | 16.96    | 0:56:16      | 0:21:39      | 17.46    | 0:43:56     | 1      |
| Jill Leturgey        | F <30     | 0:08:00     | 0:30:13      | 0:22:13      | 17.01    | 0:51:57      | 0:21:44      | 17.39    | 0:43:57     | 1      |
| Emily Harrington     | F <30     | 0:07:00     | 0:29:11      | 0:22:11      | 17.04    | 0:51:14      | 0:22:02      | 17.16    | 0:44:14     | 1      |
| Sandy Kaminski       | F 30-39   | 0:05:00     | 0:24:40      | 0:19:40      | 19.22    | 0:45:09      | 0:20:29      | 18.45    | 0:40:09     | 7      |
| Bethany Markovich    | F 30-39   | 0:13:40     | 0:34:15      | 0:20:35      | 18.36    | 0:54:27      | 0:20:12      | 18.71    | 0:40:47     | 5      |
| Amy Benedict         | F 30-39   | 0:10:40     | 0:32:50      | 0:22:10      | 17.05    | 0:55:37      | 0:22:47      | 16.59    | 0:44:57     | 3      |
| Rachel Nowak         | F 40-49   | 0:01:20     | 0:22:17      | 0:20:57      | 18.04    | 0:41:59      | 0:19:42      | 19.19    | 0:40:39     | 1      |
| Lisa Trapasso        | F 40-49   | 0:04:20     | 0:25:11      | 0:20:51      | 18.13    | 0:46:06      | 0:20:55      | 18.07    | 0:41:46     | 1      |
| Laurie Kennedy       | F 40-49   | 0:04:00     | 0:26:34      | 0:22:34      | 16.75    | 0:49:24      | 0:22:50      | 16.55    | 0:45:24     | 1      |
| Sharon Winiewicz     | F 50+     | 0:01:40     | 0:19:27      | 0:17:47      | 21.26    | 0:37:43      | 0:18:16      | 20.69    | 0:36:03     | 7      |
| Hollis Hite          | F 50+     | 0:10:00     | 0:33:47      | 0:23:47      | 15.89    | 0:57:58      | 0:24:10      | 15.64    | 0:47:58     | 5      |
| Joshua Hanley        | M <30     | 0:03:00     | 0:18:58      | 0:15:58      | 23.67    | 0:34:57      | 0:15:59      | 23.65    | 0:31:57     | 7      |
| Jack Jibb            | M <30     | 0:08:40     | 0:25:55      | 0:17:15      | 21.91    | 0:43:03      | 0:17:07      | 22.08    | 0:34:23     | 5      |
| Chris Castleman      | M <30     | 0:06:20     | 0:24:42      | 0:18:22      | 20.58    | 0:43:17      | 0:18:35      | 20.34    | 0:36:57     | 3      |
| Jason Luce           | M <30     | 0:09:00     | 0:29:03      | 0:20:03      | 18.85    | 0:49:30      | 0:20:27      | 18.48    | 0:40:30     | 1      |
| Rob Leary            | M 30-39   | 0:11:20     | 0:26:25      | 0:15:05      | 25.06    | 0:41:44      | 0:15:20      | 24.65    | 0:30:24     | 7      |
| Thomas Pequignot     | M 30-39   | 0:00:20     | 0:17:42      | 0:17:22      | 21.77    | 0:35:28      | 0:17:46      | 21.28    | 0:35:08     | 5      |
| Mark Sommers         | M 30-39   | 0:05:40     | 0:23:28      | 0:17:48      | 21.24    | 0:41:00      | 0:17:32      | 21.56    | 0:35:20     | 3      |
| Steven Gentz         | M 30-39   | 0:09:20     | 0:26:59      | 0:17:39      | 21.42    | 0:44:47      | 0:17:48      | 21.24    | 0:35:27     | 1      |
| Joshua Harris        | M 30-39   | 0:11:40     | 0:30:33      | 0:18:53      | 20.02    | 0:48:29      | 0:17:57      | 21.06    | 0:36:49     | 1      |
| Corey Bower          | M 30-39   | 0:14:20     | 0:33:45      | 0:19:25      | 19.47    | 0:53:28      | 0:19:43      | 19.17    | 0:39:08     | 1      |
| Tim Kirst            | M 40-49   | 0:13:00     | 0:29:18      | 0:16:18      | 23.19    | 0:45:23      | 0:16:05      | 23.50    | 0:32:23     | 7      |
| Joseph Rosati        | M 40-49   | 0:05:20     | 0:21:52      | 0:16:32      | 22.86    | 0:38:07      | 0:16:15      | 23.26    | 0:32:47     | 5      |
| Robert Vandeveld     | M 40-49   | 0:01:00     | 0:17:23      | 0:16:23      | 23.07    | 0:34:03      | 0:16:41      | 22.66    | 0:33:03     | 3      |
| Justin Adamek        | M 40-49   | 0:12:00     | 0:28:58      | 0:16:58      | 22.28    | 0:45:50      | 0:16:52      | 22.41    | 0:33:50     | 1      |
| William Smith        | M 40-49   | 0:12:40     | 0:30:09      | 0:17:29      | 21.62    | 0:47:39      | 0:17:30      | 21.60    | 0:34:59     | 1      |
| Mark St. George      | M 40-49   | 0:03:40     | 0:21:09      | 0:17:29      | 21.62    | 0:39:08      | 0:18:00      | 21.00    | 0:35:28     | 1      |
| Peter Monteferrante  | M 40-49   | 0:14:00     | 0:32:18      | 0:18:18      | 20.66    | 0:50:34      | 0:18:16      | 20.69    | 0:36:34     | 1      |
| Michael Blumenson    | M 40-49   | 0:10:20     | 0:28:43      | 0:18:23      | 20.56    | 0:47:34      | 0:18:51      | 20.05    | 0:37:14     | 1      |
| Keith Burtis         | M 40-49   | 0:07:40     | 0:26:38      | 0:18:58      | 19.93    | 0:46:31      | 0:19:53      | 19.01    | 0:38:51     | 1      |
| Harry Craft          | M 40-49   | 0:08:20     | 0:28:20      | 0:20:00      | 18.90    | 0:48:10      | 0:19:50      | 19.06    | 0:39:50     | 1      |
| Thomas McArdle       | M 40-49   | 0:06:40     | 0:28:14      | 0:21:34      | 17.53    | 0:48:55      | 0:20:41      | 18.28    | 0:42:15     | 1      |
| Ronald Prabucki      | M 50+     | 0:02:20     | 0:17:57      | 0:15:37      | 24.20    | 0:33:41      | 0:15:43      | 24.05    | 0:31:21     | 7      |
| Thomas Hoelzl        | M 50+     | 0:02:40     | 0:21:27      | 0:18:47      | 20.12    | 0:40:25      | 0:18:57      | 19.95    | 0:37:45     | 5      |
| Roy LaRue            | M 50+     | 0:09:40     | 0:29:24      | 0:19:44      | 19.16    | 0:48:50      | 0:19:26      | 19.45    | 0:39:10     | 3      |
| Mark Hammer          | M 50+     | 0:13:20     | 0:32:41      | 0:19:21      | 19.53    | 0:52:30      | 0:19:49      | 19.07    | 0:39:10     | 1      |
| George Hackford      | M 50+     | 0:02:00     | 0:21:35      | 0:19:35      | 19.30    | 0:41:42      | 0:20:06      | 18.81    | 0:39:42     | 1      |
| David Ward #         | M 50+     | 0:03:20     | 0:29:01      | 0:25:41      | 14.72    | 0:45:59      | 0:16:57      | 22.30    | 0:42:39     | 1      |

# Went off course

(Time data is entered into shaded cells. All other time information is calculated by Microsoft Excel formulas)