



## May 24th 2013: 3-2-1 Brick

3 mile run, 2 laps on the bike (6.3 miles each), 1 mile run

### Overall Results

(See below for age group results and points)

| Name              | AgeGroup | 3mile run<br>(clock) | Run<br>Pace | Lap1 bike<br>(clock) | Lap1 bike<br>(inc T1) | Lap1 bike<br>mph | Lap2 bike<br>(clock) | Lap2 bike<br>(split) | Lap2 bike<br>mph | 1 mile run<br>(inc T2) | Finish<br>Time |
|-------------------|----------|----------------------|-------------|----------------------|-----------------------|------------------|----------------------|----------------------|------------------|------------------------|----------------|
| Rob Leary         | M 30-39  | 0:19:24              | 0:06:28     | 0:35:52              | 0:16:27               | 22.98            | 0:51:31              | 0:15:39              | 24.15            | 0:07:09                | 0:58:40        |
| Joshua Hanley     | M <30    | 0:19:23              | 0:06:28     | 0:36:53              | 0:17:30               | 21.60            | 0:54:15              | 0:17:22              | 21.77            | 0:06:45                | 1:01:00        |
| Brian Schmitt     | M 40-49  | 0:19:28              | 0:06:29     | 0:37:11              | 0:17:43               | 21.34            | 0:54:03              | 0:16:52              | 22.41            | 0:07:01                | 1:01:04        |
| Norman Roeser     | M 30-39  | 0:19:04              | 0:06:21     | 0:37:22              | 0:18:18               | 20.66            | 0:54:49              | 0:17:28              | 21.64            | 0:07:45                | 1:02:34        |
| Justin Adamek     | M 40-49  | 0:19:06              | 0:06:22     |                      |                       |                  |                      |                      |                  |                        |                |
| Joseph Drees      | M 30-39  | 0:20:33              | 0:06:51     |                      |                       |                  |                      |                      |                  |                        |                |
| Joseph Rosati     | M 40-49  | 0:21:33              | 0:07:11     |                      |                       |                  |                      |                      |                  |                        |                |
| Steven Gentz      | M 30-39  | 0:21:49              | 0:07:16     |                      |                       |                  |                      |                      |                  |                        |                |
| Michael Belus     | M 30-39  | 0:22:14              | 0:07:25     |                      |                       |                  |                      |                      |                  |                        |                |
| Corey Bunje Bower | M 30-39  | 0:22:23              | 0:07:28     |                      |                       |                  |                      |                      |                  |                        |                |
| William Smith     | M 40-49  | 0:22:55              | 0:07:38     |                      |                       |                  |                      |                      |                  |                        |                |
| Charles Anderson  | M 40-49  | 0:23:24              | 0:07:48     |                      |                       |                  |                      |                      |                  |                        |                |
| Heather Burger    | F 30-39  | 0:23:25              | 0:07:48     |                      |                       |                  |                      |                      |                  |                        |                |
| Joshua Harris     | M 30-39  | 0:23:57              | 0:07:59     |                      |                       |                  |                      |                      |                  |                        |                |
| Thomas M. Hoelzl  | M 50+    | 0:24:38              | 0:08:13     |                      |                       |                  |                      |                      |                  |                        |                |
| Mark Sommers      | M 30-39  | 0:25:14              | 0:08:25     |                      |                       |                  |                      |                      |                  |                        |                |
| Rachel Nowak      | F 40-49  | 0:25:22              | 0:08:27     |                      |                       |                  |                      |                      |                  |                        |                |
| Harry Craft       | M 40-49  | 0:26:17              | 0:08:46     |                      |                       |                  |                      |                      |                  |                        |                |
| Sandra Leary      | F <30    | 0:27:34              | 0:09:11     |                      |                       |                  |                      |                      |                  |                        |                |
| Mark Loughrey     | M 50+    | 0:27:56              | 0:09:19     |                      |                       |                  |                      |                      |                  |                        |                |
| Craig Braymiller  | M <30    | 0:32:21              | 0:10:47     |                      |                       |                  |                      |                      |                  |                        |                |
| Hollis Hite       | F 50+    | 0:32:30              | 0:10:50     |                      |                       |                  |                      |                      |                  |                        |                |
| Peter Flagg       | M 40-49  | 0:33:22              | 0:11:07     |                      |                       |                  |                      |                      |                  |                        |                |

RAIN OUT

Time data is entered into shaded cells. All other time information is calculated by Microsoft Excel formulas  
 Transition times are included in the leg following the transition, and are marked as "(inc T1)," "(inc T2)," etc.

## Age Group Results

| Name              | AgeGroup | 3mile run<br>(clock) | Run<br>Pace | Lap1 bike<br>(clock) | Lap1 bike<br>(inc T1) | Lap1 bike<br>mph | Lap2 bike<br>(clock) | Lap2 bike<br>(split) | Lap2 bike<br>mph | 1 mile run<br>(inc T2) | Finish<br>Time | Points |
|-------------------|----------|----------------------|-------------|----------------------|-----------------------|------------------|----------------------|----------------------|------------------|------------------------|----------------|--------|
| Sandra Leary      | F <30    | 0:27:34              | 0:09:11     |                      |                       |                  |                      |                      |                  |                        |                | 7      |
| Heather Burger    | F 30-39  | 0:23:25              | 0:07:48     |                      |                       |                  |                      |                      |                  |                        |                | 7      |
| Rachel Nowak      | F 40-49  | 0:25:22              | 0:08:27     |                      |                       |                  |                      |                      |                  |                        |                | 7      |
| Hollis Hite       | F 50+    | 0:32:30              | 0:10:50     |                      |                       |                  |                      |                      |                  |                        |                | 7      |
| Joshua Hanley     | M <30    | 0:19:23              | 0:06:28     | 0:36:53              | 0:17:30               | 21.60            | 0:54:15              | 0:17:22              | 21.77            | 0:06:45                | 1:01:00        | 7      |
| Craig Braymiller  | M <30    | 0:32:21              | 0:10:47     |                      |                       |                  |                      |                      |                  |                        |                | 5      |
| Rob Leary         | M 30-39  | 0:19:24              | 0:06:28     | 0:35:52              | 0:16:27               | 22.98            | 0:51:31              | 0:15:39              | 24.15            | 0:07:09                | 0:58:40        | 7      |
| Norman Roeser     | M 30-39  | 0:19:04              | 0:06:21     | 0:37:22              | 0:18:18               | 20.66            | 0:54:49              | 0:17:28              | 21.64            | 0:07:45                | 1:02:34        | 5      |
| Joseph Drees      | M 30-39  | 0:20:33              | 0:06:51     |                      |                       |                  |                      |                      |                  |                        |                | 3      |
| Steven Gentz      | M 30-39  | 0:21:49              | 0:07:16     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Michael Belus     | M 30-39  | 0:22:14              | 0:07:25     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Corey Bunje Bower | M 30-39  | 0:22:23              | 0:07:28     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Joshua Harris     | M 30-39  | 0:23:57              | 0:07:59     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Mark Sommers      | M 30-39  | 0:25:14              | 0:08:25     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Brian Schmitt     | M 40-49  | 0:19:28              | 0:06:29     | 0:37:11              | 0:17:43               | 21.34            | 0:54:03              | 0:16:52              | 22.41            | 0:07:01                | 1:01:04        | 7      |
| Justin Adamek     | M 40-49  | 0:19:06              | 0:06:22     |                      |                       |                  |                      |                      |                  |                        |                | 5      |
| Joseph Rosati     | M 40-49  | 0:21:33              | 0:07:11     |                      |                       |                  |                      |                      |                  |                        |                | 3      |
| William Smith     | M 40-49  | 0:22:55              | 0:07:38     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Charles Anderson  | M 40-49  | 0:23:24              | 0:07:48     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Harry Craft       | M 40-49  | 0:26:17              | 0:08:46     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Peter Flagg       | M 40-49  | 0:33:22              | 0:11:07     |                      |                       |                  |                      |                      |                  |                        |                | 1      |
| Thomas M. Hoelzl  | M 50+    | 0:24:38              | 0:08:13     |                      |                       |                  |                      |                      |                  |                        |                | 7      |
| Mark Loughrey     | M 50+    | 0:27:56              | 0:09:19     |                      |                       |                  |                      |                      |                  |                        |                | 5      |

RAIN OUT