



May 9th 2013: Time Trial

Two laps on the bike. Each lap is 6.3 miles.

Overall Results

(See below for Age Group Results)

| Name | Age Group | Launch Time | Lap1 (clock) | Lap1 (split) | Lap1 mph | Lap2 (clock) | Lap2 (split) | Lap2 mph | Finish Time |
|---------------------|-----------|-------------|--------------|--------------|----------|--------------|--------------|----------|-------------|
| Rob Leary | M 30-39 | 0:11:00 | 0:25:51 | 0:14:51 | 25.45 | 0:40:59 | 0:15:08 | 24.98 | 0:29:59 |
| David Benton | M 40-49 | 0:05:40 | 0:21:07 | 0:15:27 | 24.47 | 0:36:28 | 0:15:21 | 24.63 | 0:30:48 |
| Joseph Drees | M 30-39 | 0:04:40 | 0:20:21 | 0:15:41 | 24.10 | 0:36:02 | 0:15:42 | 24.08 | 0:31:22 |
| Joseph Rosati | M 40-49 | 0:03:00 | 0:18:52 | 0:15:53 | 23.80 | 0:34:35 | 0:15:42 | 24.08 | 0:31:35 |
| Brian Schmitt | M 40-49 | 0:06:00 | 0:22:04 | 0:16:04 | 23.53 | 0:37:53 | 0:15:49 | 23.90 | 0:31:53 |
| Christopher Stuff | M 30-39 | 0:13:40 | 0:29:46 | 0:16:06 | 23.48 | 0:46:16 | 0:16:29 | 22.93 | 0:32:36 |
| Joshua Hanley | M <30 | 0:11:20 | 0:27:47 | 0:16:27 | 22.98 | 0:43:56 | 0:16:09 | 23.41 | 0:32:36 |
| Glenn Speller | M 50+ | 0:07:00 | 0:23:37 | 0:16:37 | 22.75 | 0:39:58 | 0:16:21 | 23.12 | 0:32:58 |
| Ronald Prabucki | M 50+ | 0:18:00 | 0:34:40 | 0:16:40 | 22.68 | 0:51:24 | 0:16:44 | 22.59 | 0:33:24 |
| Justin Adamek | M 40-49 | 0:09:20 | 0:26:01 | 0:16:41 | 22.66 | 0:43:01 | 0:17:00 | 22.24 | 0:33:41 |
| Michael Cook | M 30-39 | 0:17:20 | 0:34:12 | 0:16:52 | 22.41 | 0:51:02 | 0:16:50 | 22.46 | 0:33:42 |
| Thomas Pequignot | M 30-39 | 0:14:40 | 0:31:29 | 0:16:49 | 22.48 | 0:48:30 | 0:17:00 | 22.24 | 0:33:50 |
| Jack Jibb | M <30 | 0:16:00 | 0:32:59 | 0:16:59 | 22.26 | 0:49:53 | 0:16:54 | 22.37 | 0:33:53 |
| Joe Grey | M 50+ | 0:06:20 | 0:23:20 | 0:17:00 | 22.24 | 0:40:18 | 0:16:58 | 22.28 | 0:33:58 |
| Heather Patterson | F 40-49 | 0:14:00 | 0:31:06 | 0:17:06 | 22.11 | 0:47:59 | 0:16:53 | 22.39 | 0:33:59 |
| James Karnath | M 50+ | 0:10:00 | 0:27:19 | 0:17:19 | 21.83 | 0:44:00 | 0:16:41 | 22.66 | 0:34:00 |
| Robert Shabala | M 40-49 | 0:03:20 | 0:20:32 | 0:17:12 | 21.98 | 0:37:32 | 0:17:00 | 22.24 | 0:34:12 |
| Greg Mumock | M 40-49 | 0:09:00 | 0:26:11 | 0:17:11 | 22.00 | 0:43:21 | 0:17:10 | 22.02 | 0:34:21 |
| Mark Sommers | M 30-39 | 0:20:00 | 0:37:18 | 0:17:18 | 21.85 | 0:54:24 | 0:17:05 | 22.13 | 0:34:24 |
| Tony Nicotera | M 50+ | 0:06:40 | 0:23:49 | 0:17:09 | 22.04 | 0:41:15 | 0:17:26 | 21.68 | 0:34:35 |
| Brian Hohl | M 30-39 | 0:14:30 | 0:31:19 | 0:16:49 | 22.48 | 0:49:09 | 0:17:50 | 21.20 | 0:34:39 |
| Steven Gentz | M 30-39 | 0:13:20 | 0:30:32 | 0:17:12 | 21.98 | 0:48:05 | 0:17:32 | 21.56 | 0:34:45 |
| Michael Voigt | M 30-39 | 0:18:20 | 0:35:33 | 0:17:13 | 21.96 | 0:53:08 | 0:17:35 | 21.50 | 0:34:48 |
| Jennifer Astalos | F 40-49 | 0:12:00 | 0:29:27 | 0:17:27 | 21.66 | 0:47:04 | 0:17:38 | 21.44 | 0:35:04 |
| Sharon Winiewicz | F 50+ | 0:01:00 | 0:18:37 | 0:17:37 | 21.46 | 0:36:12 | 0:17:35 | 21.50 | 0:35:12 |
| Hans Kullerkupp | M 40-49 | 0:02:40 | 0:20:17 | 0:17:37 | 21.46 | 0:37:56 | 0:17:39 | 21.42 | 0:35:16 |
| Sandra Leary | F <30 | 0:09:40 | 0:27:24 | 0:17:44 | 21.32 | 0:44:56 | 0:17:32 | 21.56 | 0:35:16 |
| Kate Leary | F 50+ | 0:08:40 | 0:26:27 | 0:17:47 | 21.26 | 0:44:44 | 0:18:17 | 20.67 | 0:36:04 |
| Sergio Nordenflycht | M 40-49 | 0:01:40 | 0:19:46 | 0:18:06 | 20.88 | 0:37:55 | 0:18:09 | 20.83 | 0:36:15 |
| Tim Gribbin | M 50+ | 0:08:20 | 0:26:42 | 0:18:22 | 20.58 | 0:44:37 | 0:17:56 | 21.08 | 0:36:17 |
| Chuck Miller | M 50+ | 0:10:20 | 0:28:27 | 0:18:07 | 20.86 | 0:46:41 | 0:18:14 | 20.73 | 0:36:21 |
| Thomas Buck | M <30 | 0:17:40 | 0:35:43 | 0:18:03 | 20.94 | 0:54:05 | 0:18:21 | 20.60 | 0:36:25 |
| Jeremy griffiths | M 30-39 | 0:15:00 | 0:33:10 | 0:18:10 | 20.81 | 0:51:41 | 0:18:31 | 20.41 | 0:36:41 |
| John Herman | M 50+ | 0:12:20 | 0:30:22 | 0:18:02 | 20.96 | 0:49:07 | 0:18:45 | 20.16 | 0:36:47 |
| Russ Sampson | M 40-49 | 0:04:00 | 0:22:32 | 0:18:32 | 20.40 | 0:40:56 | 0:18:24 | 20.54 | 0:36:56 |
| Mark Hammer | M 50+ | 0:15:20 | 0:34:01 | 0:18:41 | 20.23 | 0:52:59 | 0:18:57 | 19.95 | 0:37:39 |
| Thomas M. Hoelzl | M 50+ | 0:05:20 | 0:24:09 | 0:18:49 | 20.09 | 0:43:43 | 0:19:33 | 19.34 | 0:38:23 |
| Nancy Gworek | F 50+ | 0:00:40 | 0:19:53 | 0:19:13 | 19.67 | 0:39:10 | 0:19:18 | 19.59 | 0:38:30 |
| Jeffrey Bogart | M 40-49 | 0:17:00 | 0:36:19 | 0:19:19 | 19.57 | 0:55:43 | 0:19:24 | 19.48 | 0:38:43 |
| Heather Murawski | F 30-39 | 0:16:40 | 0:36:06 | 0:19:26 | 19.45 | 0:55:24 | 0:19:17 | 19.60 | 0:38:44 |
| Mark Loughrey | M 50+ | 0:11:40 | 0:30:46 | 0:19:06 | 19.79 | 0:50:25 | 0:19:39 | 19.24 | 0:38:45 |
| Jody Snyder | F 50+ | 0:08:00 | 0:27:21 | 0:19:21 | 19.53 | 0:46:51 | 0:19:30 | 19.38 | 0:38:51 |
| George Hackford | M 50+ | 0:05:00 | 0:24:25 | 0:19:25 | 19.47 | 0:44:25 | 0:20:01 | 18.88 | 0:39:25 |
| Rachel Nowak | F 40-49 | 0:15:40 | 0:35:59 | 0:20:19 | 18.61 | 0:55:19 | 0:19:20 | 19.55 | 0:39:39 |
| Beth Bullock | F 50+ | 0:12:40 | 0:32:57 | 0:20:17 | 18.64 | 0:52:36 | 0:19:39 | 19.24 | 0:39:56 |
| Aaron Donlon | M 30-39 | 0:13:00 | 0:33:18 | 0:20:18 | 18.62 | 0:53:57 | 0:20:40 | 18.29 | 0:40:57 |
| Lisa Trapasso | F 40-49 | 0:04:20 | 0:24:43 | 0:20:23 | 18.54 | 0:45:22 | 0:20:39 | 18.31 | 0:41:02 |
| Harry Craft | M 40-49 | 0:03:40 | 0:24:12 | 0:20:32 | 18.41 | 0:44:49 | 0:20:37 | 18.33 | 0:41:09 |
| Melissa Hanson | F 40-49 | 0:00:20 | 0:21:39 | 0:21:19 | 17.73 | 0:43:08 | 0:21:28 | 17.61 | 0:42:48 |
| Brendon Barker | M <30 | 0:10:40 | 0:32:17 | 0:21:37 | 17.49 | 0:53:55 | 0:21:38 | 17.47 | 0:43:15 |
| Mark Garguilo | M 50+ | 0:07:20 | 0:29:14 | 0:21:54 | 17.26 | 0:50:48 | 0:21:34 | 17.53 | 0:43:28 |
| Joseph Bruning | M 30-39 | 0:02:00 | 0:23:38 | 0:21:38 | 17.47 | 0:45:44 | 0:22:06 | 17.10 | 0:43:44 |
| Amy Benedict | F 30-39 | 0:16:20 | 0:38:06 | 0:21:46 | 17.37 | 1:00:16 | 0:22:10 | 17.05 | 0:43:56 |
| Jill Leturgey | F <30 | 0:02:20 | 0:24:19 | 0:21:59 | 17.19 | 0:46:31 | 0:22:12 | 17.03 | 0:44:11 |
| Laurie Kennedy | F 40-49 | 0:01:20 | 0:24:40 | 0:23:20 | 16.20 | 0:48:36 | 0:23:56 | 15.79 | 0:47:16 |

(Time data is entered into shaded cells. All other time information is calculated by Microsoft Excel formulas)

Age Group Results

| Name | Age Group | Launch Time | Lap1 (clock) | Lap1 (split) | Lap1 mph | Lap2 (clock) | Lap2 (split) | Lap2 mph | Finish Time | Points |
|---------------------|-----------|-------------|--------------|--------------|----------|--------------|--------------|----------|-------------|--------|
| Sandra Leary | F <30 | 0:09:40 | 0:27:24 | 0:17:44 | 21.32 | 0:44:56 | 0:17:32 | 21.56 | 0:35:16 | 7 |
| Jill Leturgey | F <30 | 0:02:20 | 0:24:19 | 0:21:59 | 17.19 | 0:46:31 | 0:22:12 | 17.03 | 0:44:11 | 5 |
| Heather Murawski | F 30-39 | 0:16:40 | 0:36:06 | 0:19:26 | 19.45 | 0:55:24 | 0:19:17 | 19.60 | 0:38:44 | 7 |
| Amy Benedict | F 30-39 | 0:16:20 | 0:38:06 | 0:21:46 | 17.37 | 1:00:16 | 0:22:10 | 17.05 | 0:43:56 | 5 |
| Heather Patterson | F 40-49 | 0:14:00 | 0:31:06 | 0:17:06 | 22.11 | 0:47:59 | 0:16:53 | 22.39 | 0:33:59 | 7 |
| Jennifer Astalos | F 40-49 | 0:12:00 | 0:29:27 | 0:17:27 | 21.66 | 0:47:04 | 0:17:38 | 21.44 | 0:35:04 | 5 |
| Rachel Nowak | F 40-49 | 0:15:40 | 0:35:59 | 0:20:19 | 18.61 | 0:55:19 | 0:19:20 | 19.55 | 0:39:39 | 3 |
| Lisa Trapasso | F 40-49 | 0:04:20 | 0:24:43 | 0:20:23 | 18.54 | 0:45:22 | 0:20:39 | 18.31 | 0:41:02 | 1 |
| Melissa Hanson | F 40-49 | 0:00:20 | 0:21:39 | 0:21:19 | 17.73 | 0:43:08 | 0:21:28 | 17.61 | 0:42:48 | 1 |
| Laurie Kennedy | F 40-49 | 0:01:20 | 0:24:40 | 0:23:20 | 16.20 | 0:48:36 | 0:23:56 | 15.79 | 0:47:16 | 1 |
| Sharon Winiewicz | F 50+ | 0:01:00 | 0:18:37 | 0:17:37 | 21.46 | 0:36:12 | 0:17:35 | 21.50 | 0:35:12 | 7 |
| Kate Leary | F 50+ | 0:08:40 | 0:26:27 | 0:17:47 | 21.26 | 0:44:44 | 0:18:17 | 20.67 | 0:36:04 | 5 |
| Nancy Gworek | F 50+ | 0:00:40 | 0:19:53 | 0:19:13 | 19.67 | 0:39:10 | 0:19:18 | 19.59 | 0:38:30 | 3 |
| Jody Snyder | F 50+ | 0:08:00 | 0:27:21 | 0:19:21 | 19.53 | 0:46:51 | 0:19:30 | 19.38 | 0:38:51 | 1 |
| Beth Bullock | F 50+ | 0:12:40 | 0:32:57 | 0:20:17 | 18.64 | 0:52:36 | 0:19:39 | 19.24 | 0:39:56 | 1 |
| Joshua Hanley | M <30 | 0:11:20 | 0:27:47 | 0:16:27 | 22.98 | 0:43:56 | 0:16:09 | 23.41 | 0:32:36 | 7 |
| Jack Jibb | M <30 | 0:16:00 | 0:32:59 | 0:16:59 | 22.26 | 0:49:53 | 0:16:54 | 22.37 | 0:33:53 | 5 |
| Thomas Buck | M <30 | 0:17:40 | 0:35:43 | 0:18:03 | 20.94 | 0:54:05 | 0:18:21 | 20.60 | 0:36:25 | 3 |
| Brendon Barker | M <30 | 0:10:40 | 0:32:17 | 0:21:37 | 17.49 | 0:53:55 | 0:21:38 | 17.47 | 0:43:15 | 1 |
| Rob Leary | M 30-39 | 0:11:00 | 0:25:51 | 0:14:51 | 25.45 | 0:40:59 | 0:15:08 | 24.98 | 0:29:59 | 7 |
| Joseph Drees | M 30-39 | 0:04:40 | 0:20:21 | 0:15:41 | 24.10 | 0:36:02 | 0:15:42 | 24.08 | 0:31:22 | 5 |
| Christopher Stuff | M 30-39 | 0:13:40 | 0:29:46 | 0:16:06 | 23.48 | 0:46:16 | 0:16:29 | 22.93 | 0:32:36 | 3 |
| Michael Cook | M 30-39 | 0:17:20 | 0:34:12 | 0:16:52 | 22.41 | 0:51:02 | 0:16:50 | 22.46 | 0:33:42 | 1 |
| Thomas Pequignot | M 30-39 | 0:14:40 | 0:31:29 | 0:16:49 | 22.48 | 0:48:30 | 0:17:00 | 22.24 | 0:33:50 | 1 |
| Mark Sommers | M 30-39 | 0:20:00 | 0:37:18 | 0:17:18 | 21.85 | 0:54:24 | 0:17:05 | 22.13 | 0:34:24 | 1 |
| Brian Hohl | M 30-39 | 0:14:30 | 0:31:19 | 0:16:49 | 22.48 | 0:49:09 | 0:17:50 | 21.20 | 0:34:39 | 1 |
| Steven Gentz | M 30-39 | 0:13:20 | 0:30:32 | 0:17:12 | 21.98 | 0:48:05 | 0:17:32 | 21.56 | 0:34:45 | 1 |
| Michael Voigt | M 30-39 | 0:18:20 | 0:35:33 | 0:17:13 | 21.96 | 0:53:08 | 0:17:35 | 21.50 | 0:34:48 | 1 |
| Jeremy griffiths | M 30-39 | 0:15:00 | 0:33:10 | 0:18:10 | 20.81 | 0:51:41 | 0:18:31 | 20.41 | 0:36:41 | 1 |
| Aaron Donlon | M 30-39 | 0:13:00 | 0:33:18 | 0:20:18 | 18.62 | 0:53:57 | 0:20:40 | 18.29 | 0:40:57 | 1 |
| Joseph Bruning | M 30-39 | 0:02:00 | 0:23:38 | 0:21:38 | 17.47 | 0:45:44 | 0:22:06 | 17.10 | 0:43:44 | 1 |
| David Benton | M 40-49 | 0:05:40 | 0:21:07 | 0:15:27 | 24.47 | 0:36:28 | 0:15:21 | 24.63 | 0:30:48 | 7 |
| Joseph Rosati | M 40-49 | 0:03:00 | 0:18:52 | 0:15:53 | 23.80 | 0:34:35 | 0:15:42 | 24.08 | 0:31:35 | 5 |
| Brian Schmitt | M 40-49 | 0:06:00 | 0:22:04 | 0:16:04 | 23.53 | 0:37:53 | 0:15:49 | 23.90 | 0:31:53 | 3 |
| Justin Adamek | M 40-49 | 0:09:20 | 0:26:01 | 0:16:41 | 22.66 | 0:43:01 | 0:17:00 | 22.24 | 0:33:41 | 1 |
| Robert Shabala | M 40-49 | 0:03:20 | 0:20:32 | 0:17:12 | 21.98 | 0:37:32 | 0:17:00 | 22.24 | 0:34:12 | 1 |
| Greg Murnock | M 40-49 | 0:09:00 | 0:26:11 | 0:17:11 | 22.00 | 0:43:21 | 0:17:10 | 22.02 | 0:34:21 | 1 |
| Hans Kullerkupp | M 40-49 | 0:02:40 | 0:20:17 | 0:17:37 | 21.46 | 0:37:56 | 0:17:39 | 21.42 | 0:35:16 | 1 |
| Sergio Nordenflycht | M 40-49 | 0:01:40 | 0:19:46 | 0:18:06 | 20.88 | 0:37:55 | 0:18:09 | 20.83 | 0:36:15 | 1 |
| Russ Sampson | M 40-49 | 0:04:00 | 0:22:32 | 0:18:32 | 20.40 | 0:40:56 | 0:18:24 | 20.54 | 0:36:56 | 1 |
| Jeffrey Bogart | M 40-49 | 0:17:00 | 0:36:19 | 0:19:19 | 19.57 | 0:55:43 | 0:19:24 | 19.48 | 0:38:43 | 1 |
| Harry Craft | M 40-49 | 0:03:40 | 0:24:12 | 0:20:32 | 18.41 | 0:44:49 | 0:20:37 | 18.33 | 0:41:09 | 1 |
| Glenn Speller | M 50+ | 0:07:00 | 0:23:37 | 0:16:37 | 22.75 | 0:39:58 | 0:16:21 | 23.12 | 0:32:58 | 7 |
| Ronald Prabucki | M 50+ | 0:18:00 | 0:34:40 | 0:16:40 | 22.68 | 0:51:24 | 0:16:44 | 22.59 | 0:33:24 | 5 |
| Joe Grey | M 50+ | 0:06:20 | 0:23:20 | 0:17:00 | 22.24 | 0:40:18 | 0:16:58 | 22.28 | 0:33:58 | 3 |
| James Karnath | M 50+ | 0:10:00 | 0:27:19 | 0:17:19 | 21.83 | 0:44:00 | 0:16:41 | 22.66 | 0:34:00 | 1 |
| Tony Nicotera | M 50+ | 0:06:40 | 0:23:49 | 0:17:09 | 22.04 | 0:41:15 | 0:17:26 | 21.68 | 0:34:35 | 1 |
| Tim Gribbin | M 50+ | 0:08:20 | 0:26:42 | 0:18:22 | 20.58 | 0:44:37 | 0:17:56 | 21.08 | 0:36:17 | 1 |
| Chuck Miller | M 50+ | 0:10:20 | 0:28:27 | 0:18:07 | 20.86 | 0:46:41 | 0:18:14 | 20.73 | 0:36:21 | 1 |
| John Herman | M 50+ | 0:12:20 | 0:30:22 | 0:18:02 | 20.96 | 0:49:07 | 0:18:45 | 20.16 | 0:36:47 | 1 |
| Mark Hammer | M 50+ | 0:15:20 | 0:34:01 | 0:18:41 | 20.23 | 0:52:59 | 0:18:57 | 19.95 | 0:37:39 | 1 |
| Thomas M. Hoelzl | M 50+ | 0:05:20 | 0:24:09 | 0:18:49 | 20.09 | 0:43:43 | 0:19:33 | 19.34 | 0:38:23 | 1 |
| Mark Loughrey | M 50+ | 0:11:40 | 0:30:46 | 0:19:06 | 19.79 | 0:50:25 | 0:19:39 | 19.24 | 0:38:45 | 1 |
| George Hackford | M 50+ | 0:05:00 | 0:24:25 | 0:19:25 | 19.47 | 0:44:25 | 0:20:01 | 18.88 | 0:39:25 | 1 |
| Mark Garguilo | M 50+ | 0:07:20 | 0:29:14 | 0:21:54 | 17.26 | 0:50:48 | 0:21:34 | 17.53 | 0:43:28 | 1 |