



May 29th 2008: 3-2-1 Brick

2.9 mile run, 2 laps on the bike (6.25 miles each), 1 mile run

LastName	First Name	AgeGroup	2.9 mile run (clock)	Run Pace	Lap1 bike (clock) #	Lap1 bike (split) #	Lap1 bike mph #	Lap2 bike (clock)	Lap2 bike (split)	Lap2 bike mph	Total Bike	1 mile run (split) #	Finish Time	Points
Beecher	Sean	M Un 40	0:18:43	0:06:27	0:36:08	0:17:25	21.53	0:52:49	0:16:41	22.48	0:34:06	0:07:19	1:00:08	7
Hepkins	Eric	M Un 40	0:18:38	0:06:25	0:37:26	0:18:48	19.95	0:55:03	0:17:37	21.29	0:36:25	0:07:49	1:02:52	5
Watson	Charles	M Un 40	0:19:19	0:06:39	0:38:02	0:18:43	20.04	0:55:35	0:17:33	21.37	0:36:16	0:07:24	1:02:59	3
Montanaro	Brian	M Un 40	0:20:39	0:07:07	0:38:58	0:18:19	20.47	0:55:41	0:16:43	22.43	0:35:02	0:07:54	1:03:35	1
Tracy	Jeff	M Un 40	0:20:28	0:07:03	0:38:47	0:18:19	20.47	0:56:06	0:17:19	21.66	0:35:38	0:07:33	1:03:39	1
Adamek	Justin	M Un 40	0:18:41	0:06:26	0:38:38	0:19:57	18.80	0:57:22	0:18:44	20.02	0:38:41	0:07:26	1:04:48	1
Pautler	Joe	M Un 40	0:20:46	0:07:09	0:42:41	0:21:55	17.11	1:02:43	0:20:02	18.72	0:41:57	0:08:27	1:11:10	1
Mercer	Allen	M Un 40	0:21:51	0:07:32	0:44:23	0:22:32	16.64	1:05:22	0:20:59	17.87	0:43:31	0:10:06	1:15:28	1
McCorkle	Ryan	M Un 40	0:25:10	0:08:40	xx	xx	xx	xx	xx	xx	xx	xx	DNF	0
Mietlicki	Kevin	M 40-49	0:20:24	0:07:02	0:38:22	0:17:58	20.87	0:55:11	0:16:49	22.30	0:34:47	0:08:00	1:03:11	7
St.George	Mark	M 40-49	0:20:49	0:07:10	0:38:54	0:18:05	20.74	0:55:44	0:16:50	22.28	0:34:55	0:08:07	1:03:51	5
Weber	Greg	M 40-49	0:19:50	0:06:50	0:39:12	0:19:22	19.36	0:57:29	0:18:17	20.51	0:37:39	0:07:24	1:04:53	3
Capuson	Patrick	M 40-49	0:20:26	0:07:02	0:39:20	0:18:54	19.84	0:57:39	0:18:19	20.47	0:37:13	0:08:38	1:06:17	1
Brouillard	Eric	M 40-49	0:21:25	0:07:23	0:40:43	0:19:18	19.43	0:58:29	0:17:46	21.11	0:37:04	0:08:56	1:07:25	1
Nordenflycht	Sergio	M 40-49	0:23:13	0:08:00	0:42:58	0:19:45	18.99	1:02:16	0:19:18	19.43	0:39:03	0:09:29	1:11:45	1
Mess	Douglas	M 40-49	0:21:17	0:07:20	0:42:50	0:21:33	17.40	1:03:44	0:20:54	17.94	0:42:27	0:08:32	1:12:16	1
Fried	Chuck	M 40-49	0:22:37	0:07:47	0:47:55	0:25:18	14.82	1:11:36	0:23:41	15.83	0:48:59	0:09:33	1:21:09	1
Schaffstall	Jim	M 40-49	0:24:20	0:08:23	0:49:29	0:25:09	14.91	1:14:43	0:25:14	14.86	0:50:23	0:11:18	1:26:01	1
Hackbush	Gary	M 40-49	0:24:20	0:08:23	0:50:33	0:26:13	14.30	xx	xx	xx	xx	xx	DNF	0
Garrow	Anthony	M Ov 50	0:20:08	0:06:56	0:39:02	0:18:54	19.84	0:56:49	0:17:47	21.09	0:36:41	0:08:29	1:05:18	7
Powell	Dennis	M Ov 50	0:21:28	0:07:24	0:41:03	0:19:35	19.15	0:59:21	0:18:18	20.49	0:37:53	0:09:06	1:08:27	5
Mullaney	Richard	M Ov 50	0:21:33	0:07:25	0:41:40	0:20:07	18.64	1:00:38	0:18:58	19.77	0:39:05	0:08:38	1:09:16	3
Mugel	Jonathan	M Ov 50	0:20:52	0:07:11	0:42:20	0:21:28	17.47	1:01:19	0:18:59	19.75	0:40:27	0:08:47	1:10:06	1
Karnath	James	M Ov 50	0:25:18	0:08:43	0:45:13	0:19:55	18.83	1:03:04	0:17:51	21.01	0:37:46	0:09:42	1:12:46	1
Herman	John	M Ov 50	0:22:31	0:07:45	0:43:26	0:20:55	17.93	1:03:26	0:20:00	18.75	0:40:55	0:10:21	1:13:47	1
Grey	Joe	M Ov 50	0:23:09	0:07:58	0:44:59	0:21:50	17.18	1:04:42	0:19:43	19.02	0:41:33	0:09:53	1:14:35	1
Seyler	Bill	M Ov 50	0:30:22	0:10:28	0:51:58	0:21:36	17.36	1:12:02	0:20:04	18.69	0:41:40	0:13:14	1:25:16	1
Mullaney	Erin	F Un 40	0:18:40	0:06:26	0:38:51	0:20:11	18.58	0:57:14	0:18:23	20.40	0:38:34	0:07:19	1:04:33	7
Clark	Teena	F Un 40	0:21:20	0:07:21	0:40:41	0:19:21	19.38	0:58:57	0:18:16	20.53	0:37:37	0:09:00	1:07:57	5
Gilewicz	Sarah	F Un 40	0:22:22	0:07:42	0:41:32	0:19:10	19.57	0:59:43	0:18:11	20.62	0:37:21	0:08:36	1:08:19	3
Trybalski	Kellie	F Un 40	0:25:29	0:08:47	0:46:46	0:21:17	17.62	1:07:08	0:20:22	18.41	0:41:39	0:10:34	1:17:42	1
Schaffstall	Jennifer	F Un 40	0:24:20	0:08:23	0:49:30	0:25:10	14.90	1:14:45	0:25:15	14.85	0:50:25	0:11:16	1:26:01	1
Moritz	Amy	F Un 40	0:28:23	0:09:47	0:53:04	0:24:41	15.19	1:15:19	0:22:15	16.85	0:46:56	0:10:52	1:26:11	1
Boccabella	Sandra	F Un 40	0:26:45	0:09:13	0:54:06	0:27:21	13.71	1:19:32	0:25:26	14.74	0:52:47	0:10:20	1:29:52	1
Huer	Ashley	F Un 40	0:26:45	0:09:13	0:54:07	0:27:22	13.70	1:19:32	0:25:25	14.75	0:52:47	0:10:20	1:29:52	1
Bechard	Kim	F Un 40	0:30:12	0:10:24	0:54:32	0:24:20	15.41	1:17:59	0:23:27	15.99	0:47:47	0:12:43	1:30:42	1
Laudico	Elizabeth	F Un 40	0:24:10	0:08:20	0:51:00	0:26:50	13.98	xx	xx	xx	xx	xx	DNF	0
Hoffman	Mary Lou	F 40-49	0:24:18	0:08:22	0:43:22	0:19:04	19.67	1:00:43	0:17:21	21.61	0:36:25	0:09:54	1:10:37	7
Speller	Greta	F 40-49	0:21:52	0:07:32	0:44:51	0:22:59	16.32	1:06:27	0:21:36	17.36	0:44:35	0:08:51	1:15:18	5
Kennedy	Laurie	F 40-49	0:29:03	0:10:01	0:52:16	0:23:13	16.15	1:14:08	0:21:52	17.15	0:45:05	0:11:09	1:25:17	3
Sardes	Diane	F Ov 50	0:21:25	0:07:23	0:42:54	0:21:29	17.46	1:03:01	0:20:07	18.64	0:41:36	0:09:31	1:12:32	7
Karnath	Kathy	F Ov 50	0:25:26	0:08:46	0:46:59	0:21:33	17.40	1:06:45	0:19:46	18.97	0:41:19	0:11:49	1:18:34	5
Casey	Mary	F Ov 50	0:25:45	0:08:52	0:50:33	0:24:48	15.12	1:13:28	0:22:55	16.36	0:47:43	0:10:17	1:23:45	3

Time data is entered into shaded cells. All other time information is calculated by Microsoft Excel formulas

Transition times are included in the leg following the transition.